

SISSACHER SCHOTTISCH

(Switzerland)

Music: Record: Columbia SEVZ 608.

Formation: Ballroom pos, M back to ctr.

Steps: Before the Polka steps, do a little hop.

Meas      PatternFIGURE I. (Dung-stamping)

1-4      1 turn CW in place with 8 stamping steps, beginning ML, WR.

5-8      4 Polka steps, 2 turns CW, moving in LOD.

1-8      Repeat meas 1-8.

(repeated)

FIGURE II.

Varsouvienne hold.

9-10      Heel and toe with L ft while hopping on R, and 1 Polka step sdwd to L, during which the M shifts W over to his L side.

11-12      Heel and toe with R ft while hopping on L, and 1 Polka step sdwd to R, during which the M shifts W to his R side. End up facing, joined R hands held high.

13-16      M: 4 Polka steps fwd in LOD.

W: 2 turns CW with 4 Polka hops twirling under R hands.

9-16      Repeat meas 9-16.

(repeated)

FIGURE III.

Ballroom pos.

17-18      1 turn CW with 2 Polka steps beginning ML, WR.

19-20      2 turns CW with 4 steps.

21-24      Repeat meas 17-20.

17-24      Repeat meas 17-24.

(repeated)

FIGURE IV.

Ballroom pos, M back to ctr.

25-26      Heel and toe and 1 Polka step sdwd, ML, WR.

27-28      Heel and toe and 1 Polka step sdwd, MR, WL.

29-32      2 turns CW with 4 Polka steps.

25-32      Repeat meas 25-32.

(repeated)

FIGURE V.

1-16      Repeat Figure I.

Presented by Carmen Irminger

FOLK DANCE CAMP - 1970