

SONES VIEJOS  
A Mexican Medley

Source: Carlos Rosas of Mexico City.

Recording: Victor 70-7481A, Sones Viejos. Victor 23-0705.

Formation: In its most beautiful form, this dance is done in a single circle, partners facing each other. It is performed as an exhibition dance, and it must be choreographed by an experienced person. It may be done, however, in a longways formation, M facing W and about fifteen feet between the lines.

- Steps Zapateado...2/4 rhythm...Leap R (ct 1) cross behind with L (ct and) shift weight to R (ct 2). Leap L (1) cross behind with R (and) shift weight to L (2). The first beat is accented by a slight leap on to the flat of the foot. This step is accompanied by much upper body motion.
- 1st figure Zapateado steps, beginning either foot, M change places with W, passing R shoulders. They turn and return to their original places. (thirty-six measures) Cross R foot over L and pivot as the music changes.
- 2nd figure M face down the line. W face in opposite direction. Partners approach each other with two draw steps. They retreat with two draw steps. Eight times until the music changes.
- 3rd figure The same as the first. (thirty measures)
- 4th figure Cross L foot over R and pivot R. Cross R foot over L and pivot R. Zapateado steps without crossing behind the lead foot, similar to a two-step balance. Partners towards each other and then back away, still with this zapateado step. Once more they move to the center and back. Twenty-six measures. Cross R leg over L and pivot. Zapateado to center.
- 5th figure. Head couple leads the line into a double circle. Partners hold inside hands, use zapateado steps crossing behind with the free foot. With the last measures the dancers cross R foot over L and pivot L then cross L foot over R and pivot R. While the M is doing the last pivots, the W may kneel or sit so that the M may help her to feet and embrace her as the music ends.
- Note The singers and the guitars do not always have the same rhythm. The dancers follow the rhythm set by the guitars.
- Costume China poblana and charro or ranchera and ranchero.