

SOUFLIOUTOUDA  
Thrace, Greece

Souflioutouda, also known as Sultana or Stavrotos, comes from the Evros area of Greek Thrace, around the town of Soufli. It belongs to the "Zonaradikos" family and is very similar to the Pravo Trakijsko Horo. It was learned from Irini Loutsaki.

FORMATION: Lines joined in belt hold (L over R). Face ctr.

MUSIC: Panvox X33SPV or  
Vasipap vas 255 or  
special tape

OHYTHM: 6/8 meter counted:  $\frac{1,2,3}{1} \quad \frac{4,5,6}{2}$

METER: 6/8 PATTERN

Meas.

INTRODUCTION:

BASIC:

- 1 Step R to R (ct 1); step L across R (ct 2).
- 2 Step R to R (ct 1); hold on R, but beg to move L behind R (ct 2).
- 3 Step L behind R (ct 1); hold on L as R lifts slightly (ct 2).

NOTE: This step is the same as the Pravo Trakijsko Horo from Bulgaria. M dance with a definite knee flex, whereas W are more stiff-legged, especially on ct 2 of meas 2 and 3 where they actually lift the free ft slightly fwd with a straight leg.

TRANSITION:

- 1 Facing slightly R of ctr - run R-L in LOD (cts 1-2).
- 2 Facing ctr - jump on both ft (ct 1); hop on R as L swings in front of R, leg straight (ct 2).
- 3 Repeat meas 2, with opp ftwk on ct 2 (hop on L, R swings in front of L).

TRAVELLING TO R:

- 1 Facing R of ctr - run R-L fwd in LOD (cts 1-2).
- 2 Jump fwd onto both ft (ct 1); run R fwd (ct 2).
- 3 Run L fwd (ct 1); jump fwd on both ft (ct 2).
- 4 Facing ctr - step R to R (ct 1); step L behind R (ct 2).
- 5 Step R to R (ct 1); lift L diag L, leg straight (ct 2).
- 6 Repeat meas 5 with opp ftwk. (L to L, lift R)

Suggested dequence:

Basic 5 times  
Transition 1 time  
Traveling 5 times