Spiro

(Bulgaria)

This dance is from the Pirin (Macedonia) region of southwest Bulgaria. It is popular in the Petrich area. The name of the dance comes from a popular Macedonian song. Learned from Petur Iliev.

PRONUNCIATION: SPEE-roh

1 2 3

FORMATION: Mixed open circle, facing ctr, with hands joined in "W" pos.

STYLE: Very strong movements.

METER: 7/8 PATTERN

Meas

INTRODUCTION: Beg with music or hold for 16 meas (6 meas of clarinet)

DANCE:

- Step R to side while keeping L on floor (ct 1); small hop on R while bringing L behind R (ct 2); step L behind R (ct 3).
- 2 Step R to side (ct 1); step L across R (cts 2,3).
- 3 Swivel on L to face L while lifting R (ct 1); hold (cts 2-3).
- 4 Step R across L (ct 1); step L back (ct 2,3).
- 5 Spoesuk with R (ct 1); small hop on L (ct 2); step R to side (ct 3).
- 6 Lift L behind R knee while rising up on R (cts 1,2); step L back (ct 3).
- Step R to R and bring L touching floor in front of R (ct 1,&); bounce twice (ct 2,3).
- Spoesuk with L (ct 1); small hop on R while bringing L behind R (ct 2); step L back (ct 3).
- 9 Lift R (1); step R behind L (ct 2); step L fwd to place (ct 3).
- Lift R in front of L (ct 1); hold (cts 2-3).
- ("gypsy") Small hop on L, step R to side (ct 1,&); step L behind R (ct 2); step R behind L (ct 3).
- Small hop on R step L to side (ct 1,&); step R across L (ct 2); step L back to place (ct 3).
- 13-14 Repeat meas 11-12.
- Repeat meas 12 with opposite footwork.
- Repeat meas 12

Presented by Michael Ginsburg & Belle Birchfield at the Laguna Folkdancers Festival 2005