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JUST FOR DANCING

Windsor Records

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Oakes 615
PRESENTS DANCE INSTRUCTIONS FOR

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"BACK TO DONEGAL"

(Singing Square, NEW version, written by Rex Hudson, Brawley, Calif.)

OPENER, MIDDLE BREAK and CLOSER;

ALLEMAND LEFT, THE LADIES STAR, THE GENTLEMEN PROMENADE
ALLEMAND LEFT, THE GENTLEMEN STAR, THE LADIES PROMENADE
ALLEMAND LEFT IN ALAMO STYLE, YOU BALANCE UP AND BACK
SWING BY THE RIGHT, GO HALFWAY ROUND, AND BALANCE ROUND THE TRACK

BOX THE GNAT THEN TURN AROUND (alone), YOUR CORNERS ALLEMAND
'TIS A GRAND OL' RIGHT AND LEFT YE GO, TO GOOD OL' IRE-LAND
YOU MEET YOUR MAID AND PROMENADE, GO WALKIN' WITH COLLEEN
PROMENADE TO DONEGAL, AND SWING YOUR IRISH QUEEN

FIGURE:

HEAD TWO COUPLES SQUARE THRU, FOUR HANDS ROUND THE SET
TRAIL THRU THE OUTSIDE TWO, AND WHEN YOU MEET YOUR PET
BOX THE GNAT AND TAKE A SWING, SWING THAT PRETTY GIRL
FACE THE MIDDLE AND PASS THRU, THEN CALIFORNIA TWIRL

ALL JOIN HANDS AND CIRCLE LEFT, HALFWAY ROUND WILL DO
SWING THE CORNER, CORNER SWING, SHE'S WAITIN' THERE FOR YOU
THEN PROMENADE AROUND THE RING, YOU GOT A BRAND NEW PAL
TAKE HER HOME AND SWING AGAIN, IN DEAR OL' DONEGAL

Sequence: Opener, Figure twice for Heads, Middle Break, Figure twice for Sides, Closer

"BACK TO DONEGAL"

(Singing Square, ORIGINAL version, written by Don Armstrong, Port Richey, Fla.)

OPENER, MIDDLE BREAK and CLOSER:

THE HEAD TWO COUPLES GO FORWARD AND BACK, THE SIDES THE SAME OLD THING
THE HEADS PASS THRU AND SEPARATE, GO ROUND THE OUTSIDE RING
THE SIDE TWO COUPLES GO FORWARD AND BACK, THE HEADS THE SAME OLD THING
THE SIDES PASS THRU AND SEPARATE, GO ROUND THE OUTSIDE RING

ONE AND THREE A RIGHT AND LEFT THRU, AND TWO AND FOUR THE SAME
ONE AND THREE AND RIGHT AND LEFT HOME, AND TWO AND FOUR THE SAME
THEN PROMENADE AROUND THE RING, YES - PROMENADE 'EM ALL
SWINGIN' DOWN THE LANE YOU GO, BACK TO DONEGAL

FIGURE:

NUMBER ONE SWING AND NUMBER THREE SPLIT - TO THE LEFT AND RIGHT IN LINES
ONE SASHAY DOWN THE HALL, RIGHT ELBOW REEL, AND YOU REEL 'EM ALL
YOUR PARTNER NOW WITH A RIGHT HAND ROUND, THE FIRST IN LINE WITH A LEFT
YOUR PARTNER THEN WITH A RIGHT HAND ROUND, THE MIDDLE ONE WITH THE LEFT

YOUR PARTNER THEN WITH A RIGHT HAND ROUND, THE LAST ONE BY THE LEFT
YOUR PARTNER NEXT - A RIGHT HAND ROUND, THEN SASHAY DOWN THE SET
ALL THE WAY DOWN AND BACK YOU GO, FORWARD SIX AND FOUR FALL BACK
AND SWING YOUR LASSIES ONE AND ALL, BACK TO DONEGAL

Sequence: Opener, Figure for Couple No. 1, Figure for Couple No. 2, Middle break, Figure for Couple No. 3, Figure for Couple No. 4, Closer