

Music: Use any good medium two-step record.

### Formation

Call the figures you wish which will change partners. Start with single circle, ladies on the right.

### Action and Leaders Cue

(1) Ladies in the center, pretty side out. Gents outside, circle to the left; dance with the partner you meet.

(2) Promenade around the circle, ladies go forward and the gents turn back.

(3) Circle up four in the center of the floor. Dance with the partner you meet.

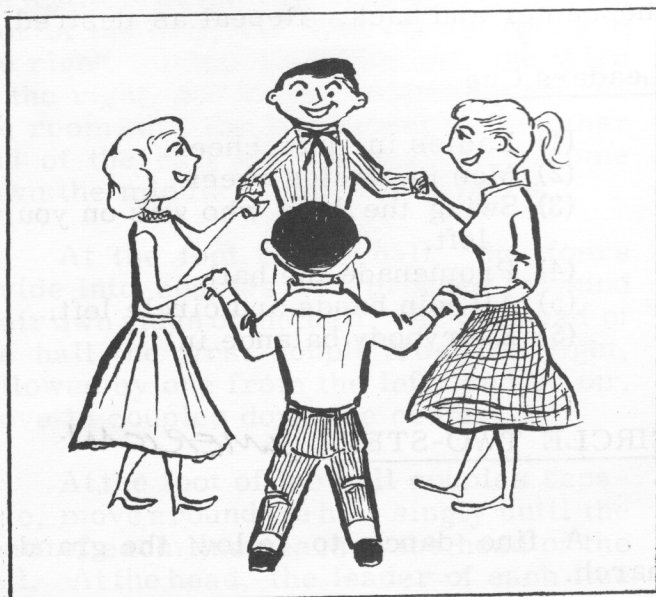
(4) Promenade around the ring. All to the center and back. Dance with the lady across the hall.

(5) All join hands in one big ring. All to the center and back. Dance with the lady across the hall.

(6) All join hands in one big ring, grand right and left, dance with the lady you meet.

**BEAN LEICNEÁN GAELIGE**  
**IRISH WASHERWOMAN** *IRISH*

Music: Record: RCA 45-6178 "Irish Washerwoman"



### Formation

Single circle, all facing in - Ladies on partners right.

### Leaders Cue

All join hands and into the middle  
And when you get there keep time to the fiddle

And when you get back remember the call  
Swing on your corner and promenade all  
(Promenade 16 counts and repeat all)

### Action

(All in four steps)  
(Stamp foot four times)  
(Four steps back out)  
(Swing corner lady and promenade)

### LADIES TO THE CENTER *AMERICAN*

An excellent dance for parties with extra men or ladies as no one needs partners to start out.

Music: MH-1110 "Skip to My Lou".

### Formation

Single circle, no partners necessary, all facing in.

### Action

All ladies take three steps to the center and on "ding, ding", clap twice.

As the ladies back out, the gents take four steps to the center and join hands in a circle.

While the ladies clap, the men circle to the left.

Men release hands and swing nearest lady.

If there are extra men who do not find partners, they take their places in the circle. If there are extra ladies who do not get to swing, they'll have better luck next time. Swing sixteen counts and all join hands with a new partner to start it all over again. If there are older people in the group, three or four times will be enough to make it fun and yet not wear out everybody.

## Leaders Cue

Ladies to the center with a HEY DING DING!

Gents to the center and form a ring,  
Once in a circle and twice in a ring,  
Take a partner and everybody swing,  
Swing, swing, everybody swing,  
Swing, swing, everybody swing,  
All join hands for the same old thing.

## CARILLON DE DUNKERQUE FRIENDSHIP PARTY MIXER FRENCH

A good mixer for the first part of the evening as it is easy to teach and will involve all the group. A good "stealer" mixer.

Music: World of Fun Series, D7-CC-7277,  
M-105B "Chimes of Dunkirk",  
"I'm Looking Over a Four-Leaf  
Clover"

## Formation

Double circle with both hands joined.  
Men on inside as usual with backs to center.

## Action

(1) Step on left foot and at the same time, swing right foot in front of left; then step on right foot, swinging left in front.

(2) With both hands joined, partners turn clockwise half around.

(3) Repeat No. 1.

(4) Partners turn on around to their places.

(5) Partners walk four steps and take four gliding steps counter-clockwise.

(6) Partners advance toward each other, pass by right shoulders, continue around each other back to back, and move to the right to new partners. Repeat.

## Leaders Cue

- (1) Balance left and balance right.
- (2) Now turn your partner around.
- (3) Balance left and balance right.
- (4) And turn once more.
- (5) Promenade away you go. Slide,

slide, slide, just so.

- (6) Do-si-do your partner right and on to the next.

## COUPLE DANCES

### GLOW WORM - A MUSICAL MIXER AMERICAN

This dance is used by many extension groups in Nebraska. It is used because it is easy to teach and the groups like it. Recommend this number at the beginning of the evening.

Music: Imperial Record-1044 "Glow Worm," Windsor-7613B "Glow Worm"

## Formation

Couples in double circle with hands in skating position, facing counter-clockwise. As directions are given, suggest that the group think through the directions. If they get mixed up, help them by giving directions for a few measures.

## Action

(1) Couples walk forward four steps.

(2) Drop hands and turn to face partner.

(3) Men take four steps back towards the center of the circle, and ladies step back to the outside of the ring.

(4) Point with left hand at person diagonally on left, and take four walking steps in that direction. Ladies will be moving clockwise and men counter-clockwise.

(5) Take new partner in regular dance position and swing four counts.

Repeat with new partner in regular dance position and swing four counts. Repeat with new partner. Start slowly and gradually increase the tempo until dancers are moving rapidly.

## Leaders Cue

Walk, two, three, four.  
Back, two, three, four.