

STARO MAKEDONSKO

Macedonia

BACKGROUND: The dance is from Skopje, Makedonija.

TRANSLATION:

PRONUNCIATION: stah-roh mah-kah-dohn-skoh

RECORD: AK-013 (LP), side B, band 4

FORMATION: Lines joined in "W" pos.

METER: 8/16

PATTERN

Meas.

INTRODUCTION:

PART I:

- 1 Facing ctr, hop on L(ct 1); step R to R (cts 2-3); step L fwd (cts 4-5); step R back in place (cts 6-8).
- 2-4 Repeat meas 1, alternating ftwk, 3 more times (4 in all).
- 5 Facing LOD, hop on L (ct 1); step R fwd (cts 2-3); bounce on R (cts 4-6); step L fwd (cts 7-8).
- 6 Small lift on L (ct 1); step R-L fwd (cts 2-3, 4-5); small leap fwd on R (ct 6); step L fwd (cts 7-8).
- 7-8 Repeat meas 5-6.

PART II:

- 1 Facing LOD, small leap fwd on R (ct 1); step L-R fwd (cts 2-3, 4-5); small leap fwd on L (ct 6); step R fwd (cts 7-8).
- 2 Small lift on R (ct 1); step L-R fwd (cts 2-3, 4-5); small lift on R (ct 6); step L fwd (cts 7-8).
- 3 Facing ctr, hop on L (ct 1); step R to R (cts 2-3); bounce on R as L lifts fwd (cts 4-5); bounce twice on R as L moves behind R (cts 6-8).
- 4 Lift on R (ct 1); step L bkwd (cts 2-3); bounce on L as R lifts fwd (cts 4-5); bounce twice on L (cts 7-8).

PART III:

- 1-2 Repeat meas 1-2, Part II. (leap R fwd, LR fwd, leap L fwd, R fwd; lift on R, LR fwd, lift on R, L fwd)

Cont

- 3 Leap R fwd (ct 1); step L in front of R (ct 2-3); step R to R (cts 4-5); leap L to L (ct 6); step R in front of L (cts 7-8).
- 4 Facing ctr, small lift on R (ct 1); step L-R fwd (cts 2-3, 4-5); small lift on R (ct 6); step L bkwd (cts 7-8).
- 5-6 Repeat meas 3-4.

Dance notes by Fusae Senzaki

Presented by Atanas Kolarovski
Statewide '87
Pasadena