STRANDŽANSKO HORO

STRANDZHANSKO HORO

(strahn-DZHAHN-skoh hoh-ROH)
"dance from Strandzha"

This dance was learned by Marcus Holt from the Strandzha Folklore Ensemble in Bourgas, Thrace, during the summer of 1978.

Record: "XOPO" LP #5, Strandzhansko Horo"
Music: 6/8, but counted in 2/4 (ct. 1, 2)
Formation: Long lines with belt hold.

bending knees deeply

MEAS.	PATTERN "INTERLUDE"
1	Facing and moving R LOD, step fwd. on R ft.(ct. 1), hop on R ft., lifting L ft. slightly (ct. 2)
2	Repeat action of Meas. 1, with opp. ftwrk.
3	Facing fwd. and moving fwd., step fwd. on R ft.(ct. 1), close L ft. next to R ft.(ct. 2).
4	Step fwd. on R ft.(ct. 1), hop on R ft., lifting L ft.(ct. 2).
5	Facing R LOD, jump on both feet with L ft. fwd.(ct. 1), facing center, jump on both feet with L ft. slightly fwd. and legs spread slightly apart(ct. 2).
6	Hop on R ft., lifting L ft. slightly(ct. 1), step bkwd. on L ft. (ct. 2).
7	Step bkwd. on R ft.(ct. 1), hop on R ft., lifting L ft. slightly (ct. 2).
8	Step bkwd. on L ft.(ct. 1), hop on L ft., lifting R ft. slightly (ct. 2).

PATTERN "BASIC"

1	Facing center and moving R LOD, step to R on R ft.(ct. 1), step on L ft. behind R ft.(ct. 2).
2	Step sdwd. R on R ft.(ct. 1), step on L ft. behind R ft.(ct. 2).
3	Step sdwd. R on R ft.(ct. 1), hop on R ft., lifting L ft. slightly (ct. 2).
4	Step sdwd. L on L ft.(ct. 1), hop on L ft., lifting R ft. slightly (ct. 2).
5	Step sdwd. R on R ft.(ct. 1), hop on R ft., lifting L ft. slightly (ct. 2).
6 - 7	Repeat action of Meas. 1-2, Pattern "Basic", with opposite footwork and direction.
8 - 10	Repeat action of Meas. 3-5, Pattern "Basic", with opposite footwork and direction.

Presented by Marcus Holt at Totem Folkdancers 1981 Festival

HC '81