

SUDETEN SPINRADL FOR THREE
(Austrian)

Record: Folkraft 1474x45

Formation: Trios facing in the line of direction. Man in center with arms outstretched to either side. Two girls on either side of man and slightly behind him. Girls join inside hands and then join their outside hands with the outstretched hands of the man. The dance can also be done with one girls and two men making up the trio.

Meter: 3/4

Meas.

1-8 Trios take 8 waltz steps fwd in the line of direction (CCW). Man looks alternately at the girls on either side of him throughout this pattern.

9-11 Girls raise joined inside hands to form an arch. Man ducks under this arch and then moves around behind the girl on his right. He then turns under his own L arm while the girls almost simultaneously dishrag turn towards each other. This will unwind the trios so they are back in their original position.

12-14 Meas 9-11 are repeated but this time the man moves behind the girls on his left first.

15-16 Trios take one waltz step fwd in the line of direction and then jump in place on both feet.

17-24. Meas 9-16 are repeated once again (the winding and unwinding sequence).

Dance is repeated from the beginning.

Note: The waltz step in this dance should be done as a normal walking step. It should not dip by bending the knees on the first beat and raising up on the balls of the feet on cts 2 and 3. There should be no change in level. In other words, there should be no bobbing of the body. All steps should be very smooth and flowing.