

Sfaht-BAHr-skah Ruh-cheh-KNEE-tsah

Learned by Yves Moreau in the summer of 1969 at a wedding celebration in the village of Tenovo, Jambol District in Thrace.

Music: Xopo LP-4. Side B, Band 4. 7/16 meter: 1-2, 1-2, 1-2-3.
Counted here as 1, 2, 3. Slow down record slightly.

Formation: Mixed lines. Hands joined ... at sides. Face slightly R of ctr. Wt on L.

Style: Heavy, peasant character; knees slightly bent; steps small.

Steps: Back Pas de Basque R: Step R to R (ct 1). Step L behind R (ct 2).
Step R in place (ct 3). Reverse of step begins with step L to L.
Can be done in place or moving fwd on ct 1.

Meas Pattern

Leader determines how many repeats of each pattern

1-8 Introduction - no action.

I. TRAVELLING

- 1 Moving LOD, lift on L (ct 1). Step fwd R (ct 2). Step fwd L (ct 3).
2-4 Repeat action of meas 1, 3 more times (4 in all).
5 Small hop on L to face ctr (ct 1). Bring R ft around and step in
front of L (ct 2). Step L in place (ct 3).
6 Hop on L (ct 1). Reverse action of R ft as given in ct 2 of meas 5 (ct 2).
7 Step L in place (ct 3).
8 Repeat action of meas 5.
Close R to L, bounoing 3 times (cts 1,2,3).

II. PAS DE BASQUES

- 1 Facing ctr, small leap R to R (ct 1). Touch ball of L ft next to R,
no wt (ct 2). Hop on R in place (ct 3).
2 Repeat action of meas 1, Part II, reversing ftwork.
3-4 Move fwd with 2 Back Pas de Basques, R and L.
5-6 Repeat action of meas 1-2, Part II.
7-8 In place, dance 2 Back Pas de Basques, R and L.

III. SIDEWARD

- 1 Facing ctr, hop on L, pump R leg, knee bent, down and up in front of
L leg (cts 1,2). Hop on L (ct 3).
2 Step R to R (ct 1). Step L behind R (ct 2). Step R to R (ct 3).
3-4 Repeat action of meas 1-2, Part III, reversing ftwork and direction.
5-8 Repeat action of meas 1-4, Part III.

Presented by Yves Moreau

Notes by Bev and Ginny Wilder