

ŚWIR ŚWIR OBEREK
Poland

Translation: Chirp chirp

Pronunciation: SHVEER SHVEER

Record: "Z Górsmi, z Dolinami," Buccaneer BR 1000, Side 1,
Band 3

Music: 3/4

Formation: Cpls in a circle facing CCW, W to R of M. W R arm
is around W waist and W L hand rests on M R shoul-
der. Free hands on hips, fingers fwd. Bend knees
slightly, keep a slight angle between each other,
face each other slightly, bend a bit fwd from waist.

Steps and Styling: Basic Oberek Step (fwd): Step fwd on R ft, bending
knee (ct 1); join L ft next to R ft, bending knees
a little more, wt equal on both ft (ct 2); start to
straighten knees (ct 3); step slightly fwd on R ft
with knee slightly stiffened (ct 3). Next step
starts fwd on L ft (opp ftwk).

Click Step: Hop slightly on L ft and click R heel
against L (ct 1); stamp sdwd R down onto R ft, bend-
ing knee (ct 2); close L to R (ct 3). Next step
starts again with hop on L ft. Step may also be
started with hop on R ft and moving to the L side.
Be careful not to tilt body but keep the wt over
the front ft.

Down-Up Ending: Relax and bend the knees; point
knees and toes twd each other, wt on both ft; hunch
over and twist free arm (held out to side at shoul-
der level) so that thumb is pointing down; bend
head fwd and look down; do all this at the same
time (ct 1). Straighten body, bringing ft together,
lifting head, and raising arm to about a 45 degree
angle above shoulder with palm turned upward (ct 2).
Hold (ct 3).

Meas

Pattern

1-4 INTRODUCTION. No action.

I. BASIC OBEREK WITH COUPLE TURN

1-4 Starting with inside ft (M R, W L), do 4 Basic Oberek
Steps fwd in LOD.

5-7 With no change in step or pos, make two CW turns as a

couple ended...

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SWIR SWIR OBEREK (continued)

- cpl in place with 3 Basic Oberrek Steps (M goes fwd, W bkwd).
8 Do 1 Basic Oberrek Step in place, facing LOD.
9-15 Repeat action of meas 1-7.
16 M stamp on L ft with wt (ct 1); stamp R ft, no wt (ct 2).
W stamp R, L with wt (cts 1,2). All hold (ct 3).
During this meas, turn to face ptr and place hands on hips, elbows fwd, M in an inside circle with backs to ctr, W in outside circle facing ptr.

II. CLICK STEP TO R AND L

- 1-3 Moving to own R side, dance 3 Click Steps beg with hop on L ft. M must stay within their inner circle.
4 Leaving L hand on hip and raising R arm, do a Down-Up Ending, making a slight (1/8) to own R, so that M R hand points almost to ctr, and W R hand points to outside.
5-8 Repeat action of meas 1-4, Fig II, with opp ftwk, handwork and direction (hop on R ft and move to own L side). On meas 8, L arm will be raised, and make a slight (1/8) turn to own L.
9-16 Repeat action of meas 1-8, Fig II.

III. WHIP AND PARTNER TURN

- 1 Keeping R hand on hip and same pos relative to ptr as at end of previous Fig, describe a horizontal figure 8 in the air with the L hand moving across in front of the body about belt height. For the first half of the 8, bring the L hand, palm down, across the body while shifting the wt onto the R ft and looking down (cts 1-2). Turning the palm up, complete the figure 8, moving the L hand, still at belt height, out to the side again while shifting the wt back onto the L ft (ct 3).
2 Throw the head back and the L arm high to L side (about a 45 degree angle above shoulder and stamp R ft, no wt (ct 1); hold (cts 2-3).
3-8 Repeat action of meas 1-2, Fig III, three times. After last stamp on R, shift wt onto R ft.
9 Place R hands on ptrs waist, R hips adjacent and L arm held high. Hop on R ft and click L heel to R (ct 1); step fwd on L (ct 2); step fwd on R (ct 3). Cpl turns CW in place. M and W have same ftwk.
10-15 Repeat action of meas 9, Fig III, six times.
16 Still in same pos, do a Down-Up Ending.

BREAK I

- 1-2 Interlude in music. Releasing ptr, form an inner circle

12

Continued.

SWIR SWIR OBEREK (continued)

of W and an outer circle of M while dancing 2 Basic Oberek Steps. As soon as possible, join hands in each circle, M hands held down, W hands up in "W" pos.

IV. TWO CIRCLES

- 1-8 Do 8 Basic Oberek Steps, M circling CW, W CCW. Begin on M R ft, W L ft.
9-16 Do 8 Basic Oberek Steps, M circling CCW, W CW. End with W in front of and to the R of own ptr, joined hands lowered. All retain handhold within own circle.

V. BASKET

Throughout Fig V. dance Basic Oberek Steps.

- 1-2 M raise joined hands over W heads and bring them down in front of the W to form a front basket.
3-4 Do 2 Basic Oberek Steps in place. If desired, dancers may shake their heads while doing these steps.
5 M raise joined hands over W heads and return them to orig pos.
6 W raise joined hands over M heads and bring them down behind the M to form a back basket.
7-8 Do 2 Basic Oberek Steps in place, as in meas 3-4, Fig V.
9 W raise joined hands over M heads and return them to orig pos.
10 M raise joined hands over W heads and bring them down in a front basket again.
11-16 Repeat action of meas 3-8, Fig V.

BREAK II

- 1-4 Interlude in music. Releasing basket hold, assume pos with ptr as at beg of dance. Beg facing ctr, do 4 Basic Oberek Steps turning $3/4$ CCW as a cpl (M goes bkwd, W fwd) to end facing LOD.

VI. BASIC OBEREK WITH COUPLE TURN

- 1-16 Repeat action of meas 1-16, Fig I.

VII. CLICK STEP TO R AND L

- 1-16 Repeat action of meas 1-16, Fig II.

VIII. WHIP AND PARTNER TURN

- 1-16 Repeat action of meas 1-16, Fig III. Since dance is ending, give the Down-Up Ending on meas 16 a little extra flourish.

--presented by Morley Leyton

ML