

Swiss Mixer

(Swiss-German)

This recreational dance was choreographed in Germany by H. Hepp to the music recorded on Fidula-Fon 232. Subsequently Carmen Irminger of Benglen, Switzerland used a Swiss recording (ZYT LP 232 - De Vogeli) and the popularity of the dance increased. Carmen taught it at the 1997 University of the Pacific Folk Dance Camp at Stockton, California.

- Music: ZYT LP 232 “De Vogeli;” Fidla-Fon 1197 “Break Mixer.” 4/4 meter
Any appropriate (lively) music.
- Formation: Cpls anywhere in the room. Inside hands joined.

Measures	4/4 meter	PATTERN
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INTRODUCTION. No action. The number of meas depends on the recording.

- 1-2 Beg M L, W R walk 8 steps (1 to a ct) fwd. End facing ptr.
 - 3 Separate from ptr by walking 4 small steps bkwd.
 - 4 Quickly stamp (with wt) 3 times (cts 1,&,2); hold (ct &); clap 3 times (cts 3,&,4).
 - 5-6 Hook R elbows with ptr and turn CW for 8 steps. At end, release ptr.
 - 7-8 Quickly find a new ptr. Hook L elbows and turn CCW for 8 steps.
- Joining inside hands with this new ptr, start the dance again.