Modern Kalamatianos



Καλαματιανος



Music: Glykeria, Mia Melaxroini

The leader calls out the variations in the following order with a few basic steps in between each one.

Variations:

Stroft brosta - forward turn (clockwise) starting on beat 2 and ending on beat 3.

Stroft piso - back turn (counterclockwise starting on beat 10 and ending on beat 12.

Kato - Right foot comes around until you face opposite direction, left foot steps to left (face front) right foot steps back (face right), left foot setps back, right foot steps back and left comes up. switch weight back to it foot. Repeat 3 times.

Santhi - Right toe taps behind left foot on step 11 and 12. Jump and land with right foot in front, left foot behind right on the floor, hop lifting left foot, hop turning body to the right, continue with steps 5 and on. Repeat 3 times.

One lead pair goes into kalamatiano/tsifteteli They rejoin line.

The line goes around once, then breaks into pairs.

Each pair moves to their spot on the stage and does some kalamatiano tsifteteli.

Lead pair begins regular kalamatiano, picking up others as it goes.



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