

Traditional Kalamatianos

Καλαματιανός
Greek



Music: Kalamatianos (Mantili Kalamatiano) from

Time: 3:00



Favorite pictures

The leader calls out the variations in the following order with a few basic steps in between each one.

Variations:

Strofi brosta - forward turn (clockwise) starting on beat 2 and ending on beat 3.

Strofi piso - back turn (counterclockwise starting on beat 10 and ending on beat 12.

uto - Right foot comes around until you face opposite direction, left foot steps to left (face front) right foot steps back (face right), left foot setps back, right foot steps back and left comes up. switch weight back to left foot. Repeat 3 times.

Bridge: Leader and second in line make a bridge under which the rest of the dancers pass.

Snake: The line changes shape from a circle to an 'S'.

One lead pair breaks from line and dances together while others continue to do kalamatiano in circle clapping their hands.

Translations:

Strofi brosta - forward turn

Strofi piso - back turn

Kato - down



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