



SYRTOS SALAMINOS (Kamakaki)  
(Salamina, Greece)

























**Source:** Syrtos Salaminos (seer-TOHS sah-lah-MEE-nohs) is a dance for women from the island of Salamina which is near Athens. It is usually done to the song Kamakaki (harpoon or spear).

**Bibliography:** Greek Folk Dances, M. Vouras and R. Holden (New Jersey, 1965)

**Music:** Dora Stratou LP #1  
RCA Victor LPMG 9      2/4 meter    or 

**Formation:** W in a broken circle with a front chain hold; i.e., hold hds of person next beyond neighbors on either side.

**Characteristics:** This is a light, lyrical island dance. The steps are very slightly bouncy. The feeling is happy.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
I		Step sdwd to R on R ft.
		Step across in front of R on L ft.
II		Facing ctr, step sdwd to R on R ft.
		Touch L ft in front of and slightly R of R ft (leaning L).
III		Step sdwd to L on L ft.
		Touch R ft in front of and slightly L of L ft..
<u>VARIATION I</u>		
I		Step sdwd to R on R ft.
		Step across in front of R ft on L ft.
		Step next to L ft on R ft.
II		Step in LOD on L ft.
		Step in LOD on R ft.
		Step next to R ft on L ft.
III		Step sdwd to R on L ft (facing ctr).
		Touch L ft in front of and slightly L of R ft (leaning L).
IV		Step sdwd to L on L ft.
		Touch R ft in front of and slightly R of L ft.
<u>VARIATION II</u>		
I		Step sdwd to R on R ft.
		Step next to R on L ft.
II		Step sdwd to R on R ft.
		Touch L ft next to R ft and slightly fwd.
III		Step sdwd to L on L ft.
		Step next to L on R ft.
IV		Step sdwd to L on L ft.
		Touch (or slight swing) R ft next to L ft and slightly fwd.

Presented by John Pappas