## **Syrtos Samothrakis**

(Samothrakis, Greece)

This dance is from the north Aegean sea island of Samothrakis.

Pronunciation: seer-TOHS sah-moh-THRAH-kees Translation: Syrtos from Samothrace

Music: 2/4 meter (Slow-Quick-Quick) Timeless Sounds, Track 1

Formation: Open circle, hands in W-pos, alternating W and M along the line of dancers.

Steps & Styling Island style with bouncy steps and flexing knees.

Meas	<u>2/4 me</u>	<u>Pattern</u>
2 meas		<u>INTRODUCTION</u> . No action. Start when you hear the violin.
	I.	<u>SYRTOS</u>
1		Facing ctr and moving CCW, step R to R (ct 1); step L behind R heel (ct 2); step R to R (ct &).
2		Facing slightly CCW, step L in front of R (ct 1); step R next to L (ct 2); step L diagonally in front of R (ct &).
3		Facing ctr, step R fwd (ct 1); step L slightly fwd of R (ct 2); step R in place.
4		Step L bkwd (ct 1); step R bkwd (ct 2); step L slightly in front of R (ct &).
		TRANSITION I. (When the leader signals to change to Fig II)
1-2		Repeat meas 1-2 of Fig I.
	II.	<u>LIFTS IN FRONT AND BEHIND</u>
1		Facing ctr step R to R (ct 1); brush L in front of R with bent knees (ct 2).
2		Repeat meas 1 with opp ftwk. On count &, bring R up and behind L in a small arc.
3		Step R behind L (ct 1); lift L in front (ct &); step L behind R (ct 2); step R to R (ct &).
4		Moving to R, step L in front of R (ct 1); step R to R (ct 2); step L in front of R (ct &).
5-16		Repeat meas 1-4 three times.
		TRANSITION II. (When the leader signals to change to Fig II)
1-2		Repeat Fig I, meas 3-4.
Sequence: Usually called by the line leader		

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<u>Suggested Sequence if not called by the line leader</u>: Fig I four times, Transition I, Fig II four times, Transition II.

Presented by Lilian Vlandi

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