

SZAKÁCSNÉ TÁNC
(SAW-kach-neigh Tahnts)
Circle dance for Women
(Hungary)

(Cooks' Dance)
(szakács = cook)

T. + mouse
pots & pans
Circus

Translation: Called the cooking women's dance it is usually done during the wedding festivities. After the kitchen-work is finished, the women come dancing in with pots and pans, wooden spoons in their hands. It is a comical, carefree dance, women letting funny yells out, holding the utensils above head, clamping them together to the rhythm

Background: Choreography by Judith Magyar

Music Source: Qualiton LPX 18007, Side A, Band 4 (Cinége)

TIPD LP-64?

Meter: Medium melody 4/4, Fast melody 2/4

Formation: W in circle

Position: Hds on hips

Introduction: None

Steps: **SÉTA - (walking)**

R ft fwd

L ft fwd

MARS - (marching)

R ft steps fwd

L ft jumps to L while R ft is raised to L ankle, hip turning out to L

(Assume
Left hip?)

VERBUNG

R ft jumps fwd to R

L ft jumps next to R, while R ft is raised slightly off floor

Jump on R ft in one place, while L ft is kicked fwd

(variation instead of kicking L ft is just raised next to R ankle)

Repeat opp. ft.

FORGÓS RIDA - (turning Rida)

Step on R ft, knee turned out and bent, while L ft is slightly off the floor

Step on L ft, straighten knee and pivot one full turn to R, R ft off floor and pointed toes

OLDALT VÁGÓ - (side scissors)

Step on R ft

Step on L ft

Jump on R ft, while L ft is kicked out towards ctr of circle

UGRÓS SZALADÁS - (run and jump)

Running steps w/L ft to L

Running steps w/R ft

Running step w/L ft

Jump on both ft, knees bent

REZGGÖ CSÁRDÁS - (springing Csárdás)

Bend both knees, lift R ft to L ankle

Step to R w/R ft, straight knees

Bend knees again, lift L ft off floor

Step w/L ft next to R, straighten knees

SZAKÁCSNÉ TÁNC (continued)

- Steps: **FORGÓ BOKÁZÓ - (heel clicking w/turn)**
 Step on R ft and pivot to R, while L lower leg is crossed behind R
 Step on L ft and pivot to R (returning to orig. pos.), while R leg, knee bent, is lifted off floor in front of L
 Step on R ft, while L ft is lifted off fl. in front of R
 Jump on L ft, while R is kicked off fl. to R
 Hit ankles together, landing on both ft, full sole

<u>Measure</u>	<u>Pattern</u>
<u>A</u>	<u>MEDIUM MELODY I</u>
1-2	Séta, walking to R, R ft, L ft.
3	Mars
4	Verbung
5-8	Repeat Meas. 1-4 to L, start w/opp. ft.
9-16	Repeat Meas. 1-8, R & L
<u>B</u>	
1-8	Repeat Meas A1-4 twice, fwd, twds ctr of circle
9-16	Repeat Meas A1-4 twice, turn around twds outside of circle
<u>C</u>	
1-16	Repeat A1-16 in circle
<u>D</u>	<u>FAST MELODY II</u>
1-2	Forgós Rida twice
3	Oldalt Vágó
4-5	Ugrós Szaladás (to L)
6-10	Repeat Meas. D-1-5
11-12	Verbung twice (start w/R) twds ctr of circle
13-14	Verbung twice (start w/R) backwards to outside of circle
15	Rezgő Csárdás to R
16-17	Forgó Bokázó
18-24	Repeat Meas. D-11-17
<u>E</u>	
1-24	Repeat Meas. D 1-24
<u>F</u>	
1-24	Repeat Meas. D-1-24