# Step 3. CIFRA & ZÁRÓ (Cifra & close)

w/R ft step in front of L w/ a stamp, knee bent while kick up L lower leg in back / + step on L in place, while pick up R leg in front, knee bent step on R ft in place, while kick up L leg in back, knee bent l+ repeat starting w/L ft  $\Pi l+$  jump on both heels in straddle pos. 1+ jump onto both ft in straddle pos, knees together 1+ close ft 17

### Step 4. BOKÁZÓ-CSAPÓ (Slap w/clicking) \$\int\Omega\Omega\I]\$

take wt off L ft and slap L thigh w/L hand click L ft to R ankle, while turning on R ball of ft to L I + repeat slap and click on same ft I + small cifra step(R-L-R) in place \( \mathbb{I} \) Step 5. TAPSOS (Clapping) 1112

click L ft to R ft and clap in front of body in this pos. clap in back 1+ clap in front again 12

## Step 6. HÁTRAFONÓ (Weave back) ]]]]

w/R ft step in back of L ft, while kick L ft in front (knee bent) + hop on R ft in place, while swing L lower leg back 14 step on L ft behind R ft, while kick R ft in front, knee bent + hop on L ft again, while swing lower R leg back !

### Step 7. HARANG (Bell) [] ] ]

step in place on R-L ft  $\Pi$  + step on R ft in while swing lower L leg to L, straight knee ] + repeat to L III

## Step 8. CSAPÓ I(Slap) 1112

jump on R ft, while swing lower L leg to L and slap outer boot w/L hand l+jump on L ft and repeat step w/R ft and hand ] + close ft together 17

### Step 9. CSAPÓ II. ПППП

hop on R ft in place, while swing L lower leg diagonally fwd, slapping L inner boot w/R hand I+ put L ft on ground and slap L lower hip(behind) hand I put wt on L ft and slap R thigh w/R hand I hand I in this pos. slap L behind again hop on L ft. while swing R lower leg diagonally fwd and slap boot w/L hand I+ put R ft on ground, while slap L hip again I in this pos. slap R thigh, then L again 🎵 \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### MOTIFS I. HAJLONGÓ IIL FONÓ S1+S2+(2xS3)2((2xS6)+S7+S8)

II. CSAPÓ I. (7xS4)+ S5 ************************************	(	. <u>CSAPÓ II</u> . 3xS9)+S5
SEQUENCE OF DANCE	Meas.	
Al MOTIF I. (Hajlongó)	A3	C
<u>1-8</u> A2 MOTIF II. (Csapó I.)	$\frac{1-8}{A4}$	Same as Al
1-8	$\frac{1-8}{B3}$	Same as A2
B1 MOTIF III (Fono)	1-8	Same as Bl
B2 MOTIF IV. (Csapó II)	B4	
1-8	1-8	Same as B2

				LP-40
A5			A7	p. 7 of 8
$\frac{1-8}{A6}$	Same as	Al	1-8	Same as Al
A6		•	A8	
$\frac{1-8}{B5}$	Same as	A2	1-8	Same as A2
B5			B7	
1-8	Same as	B1	1-8	Same as Bl
В6			B8	
1-8	Same as		1-8	Same as B2
KKLMAN	E JUDITY	MAGUAL		energia de

Folkcraft

side: B SSZATIMIÁBII CCS AND ID ANS band: 6 (Couple Dance)

Step 1. ELŐRE-HÁTRA (Move front-back) Start man's wt. on L,

a.) w/R ft step in front of Lft + step w/L-R ft similarlyll+ small hop on R ft in place, while kick L ft fwd, slightly off the ground 1+ repeat steps moving back, stepping behind other foot each time ( L-R-L) !!!+ small hop on L ft in place, while swing lower R leg behind L, crossed, off ground 1

Woman: b.) starting w/L ft(wt on R ft) fwdllll start w/R ft moving back(R-L-R) [] otherwise same as Sla

# Step 2. HARANG (Bell step) [] []]

Man start w/wt. on L ft:

a.) small step in place on R-L ft  $\Pi$  + step on R ft, while kick L leg to L, straight knee I+ repeat to other side

Woman start w/wt on R ft:

b.) otherwise same as S2a (L-R-L) DJ+ R-L-R DJ

## Step 3. DOBOGÓ (Stamping) 1117 Man start w/wt. on L ft:

a.) stamp in place on R-L-R ft ]]]7

Woman start w/wt. on R ft:

b.) stamp in place on L-R-L ft 1112

# Step 4. SERGO (Turning step)

- a.) w/R ft step to R, rolling from heel to toe + bend both knees, take wt off R ft, slight turn to L on L ball of ft 1
- b.) same as S4a to L, start w/L ft 11

# Step 5. MAR TOS (Dunking) 12

a. w/R ft step to R into straddle pos, knees bent 🗷 b.) same as S5a to L 12

### Step 6. DOBÁLÓS (Switch sides) 1117 Woman:

- a.) w/R ft step to R, turning body to L 1+ step w/L ft and complete turn twds L 1+ w/R ft jump straddle pos, wt on both ft 12+ repeat to L1112
- b.) same as S6a, without turn do step to R and LJJIX \***\*** MOTIFS
- I. ELÖRE-HATRA pos: woman on man's L side, her R arm on shoulder, other arm free moving man's L hand holding woman's waist, other hand on his waist Woman:4xSlb cont'd.on p.8 Man: 4xSla

	Folkcraft LP-^j
II. HARANG	Step 6. RIDA 11 p. 8 of 8
pos. 1.:same as in Motif I  pos 2.: opp. of above  Man(4x S2a) ↓ (pos 1) Woman: (4xS2b) ↓ (pos. 1)  (3xS2a) ↓ S3a (pos. 2) (3xS2b) ↓ S3b (pos. 2)	a.) w/R ft step to RI+ w/L ft and bent knee step in front of R ft I b.) same as S6a, to L II
III. SER GÖ  pos: couples in shoulder-waist.	Step 7. MÁR TÓS (Dunking) 12
(3xS4a)+ S5a (3xS4b)+ S5b IV. <u>DOBÁLÓS</u>	a.) wt on L ft, w/R ft step to R into straddle pos. 12 b.) same to L w/L ft 12
pos:woman starts on man's L side, her L arm on his waist, his R arm on her back, from above; other arms free.	Step 8. DOBÁLÓS (Switch) 11172
2x(S6a+b) ************************************	a.)w/L ft step to L, while swing R ft to side + w/R ft step behind L ft + click L ft to R ankle + jump into small straddle pos. \textsty
<del></del>	b.)same as S8a, to R 1117
Al A4 Hajnaljon  1-8 MOTIF I. (Előre-hátra) 1-8 Same as Al  A2 Szól a figemadár A5	c.)Woman: same as S8ab, but going from L side of man to R side w/turning (see fig.1) 1112 d.)same as S8b (see fig.2) 1112 ********************************
1-8 MOTIF II. (Harang) 1-8 Same as A2	MOTIFS (P)
A3 1-4 MOTIF III (Sergő) 5-8 MOTIF IV. (Dobálós)  MAT Hajnaljon  1-8 Same as A3  1-8 Same as A3	I. CSÁRDÁS  pos: shoulder-waist
SZATMÁRI FRISS CSÁRDÁS	IL FORGATÓS (Turn woman) pos: face each other, R hands holding and up, man's L arm on waist, woman's free-moving
(Fast couple dance)	$Man: (4xS2) + (3xS3) + S4 \qquad Woman: (4xS5a) + (4xS5b)$
side: B band: 7  Formation: in couples,	II/A. Man: (4xS2)+(4xS3)+S4 Woman:(4xS5a)+(5xS5b)
Step 1. CSÁRDÁS IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	III. RIDA 2x(3xS6a)+(S7a)+(3xS6b)+S7b
close next to L ft 1+ repeat step-close to L 11	IV. <u>DOBÁLOS</u> pos: woman's R hand on man's waist, his L hand on
Step 2. ELŐREVÁGÓ (step fwd)	her back, from above; other arms free start w/woman on man's L side
jump on parallel ft in place, knees bent \ + jump on L ft in place, kicking R leg diagonally fwd, heel on ground \ + jump on parallel ft again \ + jump	Man: (S8a+b+a+b+a) Woman \$8c+d+c+d+c)
on R ft, kicking L leg diagonally fwd, heel on ground	<u>IV/A.</u> Man:(S8b+a+b+a+b) Woman:(S8d+c+d+c+d)  ***********************************
Step 3. HÁTRAFONÓ (Step-back) 1111	SEQUENCE OF DANCE Meas. 4/4
w/L ft step behind R ft, while lift R ft off the ground in front (knee slightly bent) \ \display \text{hop on L ft in place, while swing lower R leg back (behind L) \ \display \text{w/R ft step behind L, while lift L ft off ground in front (knee slightly bent) \ \display \text{hop on R ft in place, while}	Al MOTIF I. (Csárdas)  1-8 A2 MOTIF II. (Forgatós)  1-9 B2 MOTIF III/A (Rida) 1-4 MOTIF IV (Dobálós)
swing lower L leg back (behind R)	A3 MOTIF III. (Rida) $\frac{5-9}{B3}$ MOTIF III/B

A4 Same as A1

Same as A3

Same as Al

Same as A2

Same as A3

1-8

A5

1-8

<u>A</u>6

1-8

A7

1-8

A.8

1-8

A9

1-8

Step 4. ZÁRÓ (Closing) 1112

Step 5. LIBBENÖ (Leaping) 1111

L ft 12

Woman:

repeat to L 11

step back w/L ft behind R, while lift R ft off

ground in front I hop on L ft in place, while swing lower R leg to R, knee turned in I + close R ft to

a.) jump onto R ft, taking wt. off L ft 14 hop on R ft in

place, raising L ft more, bending knee more | +

b.) same step as S5a, turning under man's arm to Rill

1-4 MOTIF IV/A

B5 Same as B2

B7 Same as B1

B8 Same as B2

Same as B3

B4

1-9

1-9

B6

1-9