

NORTH HOLLAND  
Noord Holland  
(Dutch Dance)

'T Schip Moet Zeilen  
(The Ship Must Sail)

Formation:

Single circle of couples, Woman on Mans RIGHT.

Starting Position:

"W" Position. Elbows bent, hands joined at shoulder height.

Part I

Four Galop Steps to the Left.  
Point Right toe in front of Left foot.  
Point Left toe in front of Right foot.  
Four Galop Steps to the Right.  
Point Left toe in front of Right foot.  
Point Right toe in front of Left foot.

Part II

Turn to face Partner.  
2 Step Hops (Men's Left, Women's Right foot).  
Clap Partner's Right hand, then Left hand.  
Slap Own thighs, Clap Own hands.  
Partners Clap ~~own~~ hands.

Repeat Part II Again.

Part III

Joining Both Hands, turn CW  $\frac{1}{2}$  around with 4 Steps facing Center, Women on Left of Partner.

Women - Slap own Thighs, Clap own Hands  
Snap Fingers, Both hands, Above Head.

Men --- 3 Stamps in Place (Right, Left, Left).  
Shouting "Hey" at the end.