TAB EL HAWA (Lebanese)

Source:

This dance was learned by Tom Bozigian from Tewfig Waadi, and it is from the same group of dances as Al Kalaa which was presented on stage at the 1966 Baalbek International Festival.

Music:

X 103 B Express

Meter:

4/4

Formation: Mixed line dance utilizing Kurdish hold

Style:

Mixed line dance utilizing Kurdish hold with fingers interlocked, dancers closely knit side by side, elbows bent, and leader twirling knotted hankerchief. Dancers face center throughout dance unless otherwise described.

MEASURE

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DESCRIPTION

BASIC STEP I

Step L in front and slightly L with stamp (ct 1); step R to R (ct &); step L over R with stamp (ct 2); step back on R (ct 3); hop on R in place as L knee raises in front (ct 4).

BASIC STEP II

Leap L to L as R raises sharply behind L (ct I); leap R to R (ct &); leap onto both ft in place with stamp and plié (ct 2); leap slightly back on R as L extends straight out in front (ct 3); hop on R in place as L remains extended (ct 4).

FIGURE I STAMP-STAMP-LEAN

Slight leap on L in place with stamp as R raises slightly (ct l); leap on R in place with stamp as L raises sharply to calf height and knee in front (ct &); hold (ct 2); touch L heel with straight leg in front as body leans bkwd (ct 3); step L beside R with stamp (ct 4).

Step R in place (ct I); hop on R in place as L knee raises (ALMOST ITEMANN) in front (ct &); step L in place (ct 2); step R in place (ct &); hop on R in place as L knee raises in front (ct 3);

small stamp with L beside R, no wt (ct 4).

FIGURE II HOP-STEP-STEP-SCISSORS HOP CTEP CTEP, CHANGE, STEP STEP Facing diag LOD and moving LOD, hop on R as L heel strikes in front of R (ct I); leap on L where heel struck as R raises slightly behind (ct &); leap R to R as L raises sharply to calf with knee in front (ct 2); leap L in place as R heel touches in front of L (ct 3); leap on R where heel touched as L raises slightly behind (ct &); leap L ahead of R as R raises sharply to calf with knee in front (ct 4). Repeat action of FIGURE II, meas I (cts I & 2-3 & 4).

MEASURE

DESCRIPTION

FIGURE III CHUG-HOP-CROSS Facing ctr again, chug fwd on both ft (ct I); leap back on L as R heel strikes in front (ct 2); leap on R where heel struck as L raises behind slightly (ct &); hop on R in place as L extends fwd, straight leg (ct 3); leap L over R as R raises behind L calf (ct &); leap back on R with stamp as L again extends fwd (ct 4). 2 Hop on R while L still extended (ct I); leap L beside R as R raises slightly (ct &); leap R beside L with slight plie as L raises to calf height, knee in front (ct 2); hop on R, L still raised (ct 3); stamp L beside R, no wt (ct 4). Note: Suggested sequence of steps for this dance as follows: BASIC STEP I eight times; FIGURE I five times; BASIC STEP I four times; FIGURE II six times; BASIC STEP I four times; FIGURE III six times; BASIC STEP I four times; BASIC STEP II six times.

Presented by Tom Bozigian