

TAI-TAI  
(Ta-ee Ta-ee)

**SOURCE:** From Thessaly, first presented by the National Folklore Ensemble of Dora Stratou as part of the Thessaly Suite of Dances. Thessaly is inhabited largely by nomadic tribes and herdsmen who spend several days descending to the lowlands to graze their sheep or ascending, depending on the season. This dance refers to ascending, or leaving the lowlands.

**RECORD:** Folkraft LP 6

**FORMATION:** Originally danced separately by men and women, it is now acceptable to dance mixed. Holding hands down in the first part or slow music and raising hands to shoulder height in the fast music.

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PATTERN

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**Measure** FIGURE A (Slow Music)

- 1 Step L crossing in front of R and bending knee somewhat
- 2 Step to side with R
- 3 Step with L in front of R
- 4 Step to side with R
- 5 Change weight to L ft and lean back onto L
- 6 Close R to L and be ready to cross L in front to start sequence again

7-24 Repeat three more times

FIGURE B (Fast Music)

- 1 In LOD, step on R and hop on it
- 2 Step on L and hop on it
- 3 Step on R and hop on it
- 4 Facing ctr, step to ctr with L and hop on it
- 5 Step bwd away from circle, R and L
- 6 Cross R in front of L, pointing the toe and pause.

7-24 Repeat three more times. On 24th measure, close R to L instead of crossing and pointing.

----Notes by Athan Karras

**Note:** This recording, the Figure A is done five times the first time through and thereafter four times as noted.