

## Tai-Wan Hau

(Taiwan)

Tai-wan Hau (TIGH WAHN HOW) means "Beautiful Taiwan". This is a dance of one of the aboriginal tribes native to Taiwan and was introduced in Taiwan by Miss Tien Ch'un Tze, an A-Mei maiden, in 1979. The lyrics describe the beautiful Taiwan landscape and contentment with life; the movements are full of spirit and happiness. The dance was presented at the 1980 University of the Pacific Folk Dance Camp by Ching-Shan Chang.

RECORD: C.C.S. - 1980 (33) Side A/7 4/4 meter

FORMATION: Mixed circle, hands joined in "V" position, facing center.

STYLING: M dance with strong, decisive movements. W dance with softer, more fluid movements. When hands are free they are loosely fisted. Knees and elbows are always slightly bent.

MUSIC 4/4

PATTERN

Measures

2 INTRODUCTION. No action.

### I. SIDE STEPS

1 Step on R to R, arms swing back (cts 1,2); step on L behind R, arms swing up to "W" pos (cts 3,4). Look to R as step is taken on R and look to L when stepping on L, turning body slightly.

2-8 Repeat meas 1 seven times. Release hands at end.

### II. STEP-STAMPS WITH ARM SWING

1 Bending fwd slightly from the waist, step on R to R, arms swing bkwd (ct 1); stamp L beside R, no wt, arms begin to swing fwd (ct 2); step on L to L, hands meeting at chest level (M L hand above R; W backs of hands almost meet) (ct 3); stamp R beside L, nowt, arms begin to swing down (ct 4).

2-6 Repeat meas 1 five times. W movements are softer than M.

### III. RUN IN LOD; STEP, ACROSS, STEP

1-2 Beginning R, take three light running steps in LOD (cts 1,2,3); face ctr, stamp L beside R, no wt, (ct 4). Repeat in RLOD with opp ftwk (meas 2). Arms swing naturally at sides with elbows bent.

3-4 Facing ctr, join hands in "W" pos and step on R to R (cts 1,2); turning to R step on L across in front of R, tilt head to R and look to L (ct 3); facing ctr, step on R in place (ct 4). Repeat with opp ftwk, direction, and head movements (meas 4). Release hands.

5-8 Repeat meas 1-4.

### IV. RUN TO CENTER; SMALL KICKS

As Fig begins bring joined hands down to "V" pos.

1 Beg R, take 3 light running steps fwd twd ctr, raising joined hands above head level (cts 1,2,3); touch L beside R, no wt (ct 4).

2 Repeat meas 1 with opp ftwk and direction, lowering hands to "V" pos.

3-4 Place loose fists on hips.

M: Step slightly bkwd, on R in place, kicking L fwd low (ct 1); step on L (heel near R toe) (ct 2). Repeat 3 times.



W: Step slightly bkwd on R and, keeping L toe on floor, twist L heel to R (ct 1); take wt on L, keeping R in place (ct 2). Repeat 3 times. When stepping on R, the whole body twists slightly fwd from the hip, head tilts slightly to R.

5-8 Repeat meas 1-4.

V. BACKWARD RUN

- 1 Facing RLOD hands joined in "V" pos, beginning R, take 3 light running steps bkwd in LOD, bending fwd slightly at waist (cts 1,2,3); turning to face LOD and straightening body, swing L leg fwd in LOD (ct 4).
- 2 Still facing LOD, beg L, take 3 light running steps bkwd in RLOD, bending fwd from waist (cts 1,2,3); facing ctr, touch R beside L (ct 4).
- 3-4 Repeat Fig II, meas 3-4 (Step, Across, Step).
- 5-6 Repeat meas 1-2 (Backward Run).
- 7-8 Repeat Fig IV, meas 3-4 (Small Kicks).

Repeat dance 2 times from the beg. On the first repeat, dance Fig I two times (16 times).

- 1-4 Ending: Repeat Fig I, meas 1-3. Meas 4: Step on R to R, leaving L in place, bend fwd slightly and swing joined hands bkwd (cts 1,2); straighten body and raise joined hands high, elbows straight, look up and shout "hey" (ct 3); hold (ct 4).