

TANT' HESSIE
(South African Circle Mixer)

Record: Folkraft 337-006B

Formation: Circle of couples, partners facing, man's back to center of circle.

Dance: I. 1. All take 4 walking steps forward toward partner and nod. (Form single circle, partners with R shoulders adjacent, and nod to partner.)
2. Take 4 walking steps backward to place.
Repeat 1 and 2 with L shoulders adjacent.
(Note: The above is done usually with the dancers snapping their fingers as they walk, with elbows bent and hands at shoulder height, in a strutting, flirting, almost syncopated style.)

II. 1. Dosado with partner, passing R shoulders. (Continue finger-snapping and strutting.)
2. Dosado with partner, passing L shoulders. (Continue finger-snapping and strutting.)

III. Swing partner in shoulder-waist position slowly clockwise with buzz step ("tikiedraai"), ending in double circle facing partners.

Repeat entire dance with new partner to your left.

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