

Folk Dance Federation of California Research Committee:
Omega Graham, Mildred Coburn, Dorothy Tamburini

TANT' HESSIE
(South Africa)

Tant' HESSIE -- Aunt Esther's White Horse, a recreation dance from South Africa, was presented at University of the Pacific Folk Dance Camp by Huig Hofman of Antwerp, Belgium, 1962.

Music: Record: Folkraft 337-006B - Band 2

Formation: Cpls in double circle, ptrs facing about 4 ft apart, M back to ctr.

Steps and Styling: Walking step*, buzz turn (tikiedraai)*, dos a dos*. Walk with light, springy steps, weight fwd over ball of ft; heels barely touch floor. Hands hang naturally at sides and swing easily fwd and bwd with motion of ft and body.

*Described in Volumes of Folk Dances from Near and Far, published by Folk Dance Federation of California, 1095 Market Street, San Francisco 3, California

Measures

(2/4)

Pattern

1-8 INTRODUCTION - no action

I. ADVANCE AND RETIRE

1-2 Both begin L, walk fwd twd ptr with four steps, closing on fourth step. Form single circle, R shoulders adjacent. Nod to ptr.

3-4 Walk bwd to place with 4 steps, closing on fourth step.

5-6 Repeat action of meas 1-2, to form single circle with L shoulders adjacent.

7-8 Repeat action of meas 3-4.

II. DOS - A - DOS

1-4 With 8 walking steps, dos-a-dos; pass R shoulders with ptr.

5-8 Repeat action of meas 1-4 (Fig II); pass L shoulders with ptr.

III. SWING WITH PARTNER

1-8 W place both hands on M shoulders, M place R hand on W waist, L hand on her upper R arm. With buzz turn (tikiedraai), swing slowly CW. (NOTE: if danced by children, an elbow turn may be used.) On completion of swing, ptrs separate to reform double circle facing each other.

Each progress to person at L on first walk fwd (Fig I, meas 1-2) to repeat dance with new ptr.

Presented by: Vyts Beliajus