

Tantoli

This dance comes from Østfold, the region of Norway south of Oslo on the east side of the Oslo fjord.

Source: Klara Semb, Norske Folkedansar II, Noregs Boklag, Oslo 1975.

Record: TD-2, Norsk Grammofonkompani A/S, Oslo.

Music: 2/4.

Steps: Reinlender change-of-step, reinlender step-hop. The last svikt is small in both cases. When moving forward, the last svikt of the change-of-step may be done entirely in the knee, with the heel on the ground.

Starting position: Couples facing counterclockwise around the room, woman on man's right, with open shoulder-waist position.

Measure

- 1 Stand on inside foot. On count 1, bend the supporting knee and extend the right leg forward, so that the heel is on the ground with toes pointing up. The leg is quite straight. The body is tilted slightly backward.

On count 2, straighten supporting knee and put the toe of the outside foot on the ground behind the body. Again, the outside leg is quite straight. The body is tilted slightly forward.
- 2 Dance one reinlender change-of-step forward, beginning with the outside foot.
- 3-4 Repeat measures 1-2 with opposite footwork.
- 5-8 Repeat measures 1-4.
- 9 Using one reinlender change-of-step beginning on the outside foot, man swings woman around to face him. Man stamps on first count.
- 10-12 Take shoulder-waist position and do three reinlender change-of-steps. Rotate $1\frac{1}{2}$ times clockwise, progressing counterclockwise around the room.
- 13-15 Do six reinlender step-hops, man beginning with the left, woman with the right. Rotate three times clockwise, progressing counterclockwise.
- 16 On count 1, both put weight on both feet by placing free foot beside supporting leg and sink. Rotate so that, as nearly as possible, the woman's back is to the center. Man then lifts woman straight up and turns to his own right, putting her down on the outside of the circle. Open out into starting position to do the dance again.

Alix Cordray