

Tantoli

(Norway)

Tantoli is a traditional folk dance common to Norway, Sweden, and Finland with music which is identical although the figures of the various dances of this dance differ slightly. Some authorities ascribe the original source of Tantoli to Finland. It appears most often in other folk dance collections as a Swedish dance under this title. The Norwegian and Swedish dances entitled Tantoli are very much alike. The present version of Tantoli is danced in the southeastern part of Norway. It is interesting to note the similarity between Figure II and the B part of Rugen, another Norwegian dance.

Formation: Any number of couples in a double circle facing CCW in open social dance position, M on L of partner. M's L hand is on his hip, fingers fwd, his R hand clasping his partner's R hand which is placed on her R hip. M's part is analyzed; W's part is opposite with a reversal of feet and directions throughout.

Figure I

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|-----|------|--|
| 1 | 1 | Beginning on outside feet (M L, W R), partners looking at each other, place heel of L foot fwd, toes up, knee straight, body inclined slightly bkwd. |
| | & | Hold position. |
| | 2 | Place toes of L foot bkwd, heel up knee straight, body inclined slightly fwd. |
| | & | Hold position. |
| 2 | 1&,2 | Move fwd with 3 small running steps (L, R, L). |
| | & | Hold. |
| 3-8 | | Repeat 3 times, beginning alternately, R, L, R. |

Figure II

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|-----|--|--|
| A | | |
| 1-4 | | In shoulder-waist position, M beginning L, W R, couples make two turns CW while progressing CCW around the circle with 4 change steps. |
| B | | |
| 5-7 | | In shoulder-waist position, partners make three turns CW, continuing to progress CCW around the circle, with 6 pivot-turn steps. |
| 8 | | Man lifts partner off floor and brings her down in original position on his R. Woman helps to gain elevation by bending knees and pressing down upon M's shoulders, straightening her arms as he lifts her into the air (ct 1&). Woman lands in position on R of Man (ct 2). |

Repeat entire dance as many times as desired.