

RESEARCH COMMITTEE: Miriam
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DANCE LIGHTLY

(German)

Gretel and Paul Dunsing of Chicago, Illinois, introduced this dance at the 1952 Folk Dance Camp, Stockton, California.

- MUSIC:** Record: World of Fun M 114.
Piano: "Dance Lightly," by Gretel & Paul Dunsing.
- FORMATION:** Couples in large single circle, facing center (W to R of M), with all hands joined.
- STEPS:** Balance, run*, step-hop: step (ct. 1), swing free leg lightly across (ct. 2), hop (ct. 3).

MUSIC 3/4	PATTERN
Measures	I. <i>STEP HOP AND BALANCE</i>
1-4	Beginning L, all dance 4 step-hops in place, free leg swinging slightly across.
5	Step sdwd. L (ct. 1), close R ft. to L (ct. 2), lift on toes of both ft. (ct. 3).
6	Lower heels (ct. 1), hold (ct. 2, 3).
7-8	Repeat action of meas. 5-6.
9-16	Repeat action of meas. 1-8, beginning R.
	II. <i>CIRCLE LEFT AND RIGHT</i>
17-18	With hands still joined, move to the L (CW) with 2 walking steps (L ct 1-2-3), R ct. 1-2-3), and
19-20	6 running steps (LRLRLR) CW.
21-22	Repeat action of Fig. II, meas. 17-18.
23-24	Run 4 steps (LRLR) turning on the fourth step to face CCW (cts. 1, 2, 3, 1), hold (cts. 2, 3).
17-24 (repeated)	Repeat action of Fig. II, meas. 17-24, beginning R and moving R (CCW).
	III. <i>COUPLES STEP HOP AND BALANCE</i>
1-16	Face partner, M back to center of circle; join both hands (arms rounded) to form a small circle of two dancers. Repeat action of Fig. I, meas. 1-16. Note: Each dancer begins L; the action is in opposition.
	IV. <i>COUPLES CIRCLE R AND L</i>
17-24	Keep hands joined and arms at shoulder height, extend R arms across in front of partner, and bend L arms.
17-24 (repeated)	Repeat entire action of Fig. II, meas. 17-24 and meas. 17-24 (repeated). Note: On Fig. IV come closer together, getting a swinging action with SMALL steps.