

TANZARA
Tavlama

(Assyria)

Translation: Tan-za'-ra is a mountain village near the Iran-Turkey border.

Record: Folkraft LP-4 (A5) (1:54).

Formation: Open or broken circle, or line, no partners, leader at R end. Elbows bent, forearms together (L over R), hands joined with fingers clasped. L foot free.

Variation I - Basic

- 1 Rosk fwd on L foot bending both knees (ct 1), rock back on R foot in place (ct 2).
- 2 Repeat pattern of measure 1.
- 3 Rock fwd on L foot (ct 1), touch R foot fwd (ct 2).
- 4 Turning to face and moving R, step fwd on R foot (ct 1), Step-Close* L (cts 2-and).
- 5 Step fwd on L foot (ct 1), turning to face center, close and step on R foot beside L (ct 2).

Variation II

- (Note: Start with R foot Free)
- 1-5 Step-Hop** (R) fwd (cts 1-2), Step-Touch*** (L) fwd (cts 3-4), pause (ct 5); Step-Hop** (R) bkwd (cts 6-7), jump down on both feet slightly bkwd (this may be way down, bending knees deeply) (ct 8), jump up to land on R foot, placing L heel fwd (ct 9), pause (ct 10).
 - 6-7 Leap onto L foot in place, swinging R foot diagonally fwd R (ct 1), three hops on L foot in place, swinging R foot across in front of L (ct 2), diagonally fwd R (ct 3), across in front of L (ct 4).
 - 8 Jump lightly on both feet in place (ct 1), pause, freeing R foot (ct 2).
 - 9-11 Releasing hands, three Step-Hops (R,L,R) turning R once around then rejoining hands.
 - 12-14 Repeat pattern of measures 6-8.

Note: Suggested routine: Variation I twice, leaving R foot free the second time, then Variation II once, leaving L foot free to begin Variation I.

* Step-Close L: Step on L foot (ct 1), close and step on R foot beside L (ct and). Repeat, reversing footwork, for Step-Close R.

**Step-Hop R: Step on R foot (ct 1), hop on R foot (ct 2). Repeat, reversing footwork, for Step - Hop L.

***Step-Touch L: Step on L foot (ct 1), close and touch R foot beside L without taking weight (ct 2). Repeat, reversing footwork, for Step-Touch R.