

SICILIAN TARANTELLA
Italian "Sets of Four" Dance

FORMATION-

Sets of two couples anywhere around the room, OR,
Sets of two couples in column formation, boys in one line,
the girls in the other.

STARTING POSITION-

Partners facing, Left foot free.

MEASURES

Music A **FIGURE I - Step-Swing**

- 1 - 2 **TWO STEP-SWING STEPS** starting with Left foot. Step in place on Left foot clapping own hands or tambourine (count 1 and); Hop on Left foot swinging right leg across in front of left (2 and). Repeat to the right.
- 3 - 4 **FOUR STEPS IN PLACE** (Left, Right, Left, Right) transferring weight on each step. Boys snap fingers overhead, girls shake tambourines.
- 1 - 8 **ENTIRE PATTERN OF MEASURES 1-4 DONE FOUR TIMES**
(repeated)

Music B **FIGURE II - FORWARD AND BACK**

- 1 - 2 **FORWARD** Four light Running steps forward, toward partner. Accent the first step by leaping forward, landing in a deep knee bend with the body bent forward. Snap fingers or shake tambourine while advancing toward partner with body inclined forward.
- 3 - 4 **BACK.** Four light Running steps backward. Raise arms forward and upward, snapping fingers or shaking tambourine, gradually straightening body while moving back to place. Finish with body erect, arms extended overhead.
- 1 - 8 **ENTIRE PATTERN OF MEASURES 1-4 DONE FOUR TIMES**
(repeated)

Music C **FIGURE III - ELBOW SWINGS**

- 1 - 4 **FIRST BOY and SECOND GIRL: RIGHT ELBOW SWING.** First boy and second girl, with running steps, hook right elbows, swing once around, then release hold and turn clockwise back to place.
- 5 - 8 **SECOND BOY and FIRST GIRL: DO THE SAME.**
- 1 - 8 **REPEAT** pattern of Measures 1-8, hooking **LEFT ELBOWS** and turning once counterclockwise back to place.

Music A **FIGURE IV - DO-SI-DO (Right and Left)**

- 1 - 4 **FIRST BOY and SECOND GIRL: DO-SI-DO RIGHT.** First boy and second girl with running steps, pass each other by right shoulders, then, without turning, move to the right, passing back to back, returning to place passing left shoulders.
- 5 - 8 **SECOND BOY and FIRST GIRL: DO THE SAME.**
- 1 - 8 **DO-SI-DO LEFT. REPEAT** pattern of Measures 1-8, passing each other by the **LEFT** shoulders and returning to place passing right shoulders.

Music B **FIGURE V a. - SINGLE RING**

- 1 - 4 **CIRCLE COUNTERCLOCKWISE** with eight Skipping steps. All face right, place hands on own hips, and skip counterclockwise.
- 5 - 8 **CIRCLE CLOCKWISE** with eight Skipping steps.

FIGURE V b. - STARS

- 1 - 4 **STAR LEFT.** All join left hands across in center to form a left-hand star and skip counterclockwise.
- 5 - 8 **STAR RIGHT,** returning to place.

Repeat entire dance.