

TARINA DE LA ABRUD
(Tсах-ree-nah de la abrood)
Romanian

Record: The Lark MD3701

Formation: Closed circle, hands joined & near shoulders.

Measure

1-2 4 walks to center, RLRL.

3-4 Release hold, turn quickly in place, rejoining hands, return to place with four walks.

1-4 Repeat above seven more times (Music A).

5 Leap on R ft to R, stamp L ft near R.

6 Leap on L ft to L, stamp R ft near L.

7-8 Step R to right, step L behind R, step R to right, step L behind R.

7-8 Repeat above.

9-12 Leaps as in 5-6, but 4 times in all this time.

13-16 Step R to right, L behind, R to right, L behind, stamp L ft 3 times.

15-16 Repeat above but in reverse, starting with a leap to left with L ft.