

Tavlama

(Assyria)

Translation: Tav-la'ma means "Whirl around quickly" as a small basket of charcoal is whirled so it may be hotter for the samovar.

Record: Folkraft LP-4 (B2) 1:48

Formation: Open or broken circle, or line, no partners, leader at R end. Elbows bent, forearms together (L) over R), hands joined with fingers clasped. L foot free.

Variation I - Basic

- 1 Chug* L foot fwd (ct 1), Chug* R foot fwd but keep it behind L (ct 2).
- 2 Repeat pattern of measure 1.
- 3 Hop on R foot in place, swinging L foot fwd (ct 1), leap slightly fwd on L foot (ct 2).
- 4 Swing R foot fwd (ct 1), bending R knee, swing R foot bkwd across in front of leg (ct and), straightening R knee, swing R foot diagonally fwd R (ct 2).
- 5-6 Releasing hands, two Step-Hops** (R,L) turning R once around.
- 7 Step-Hop** (R) in place, rejoining hands.

Variation II - Hops and Half Turn

- Arms around neighbors' waists or shoulders. L foot free.
- 1 Moving slightly sdwd L, Hop twice on R foot swinging L foot fwd (ct 1), then back (ct 2).
- 2 Repeat pattern of measure 1.
- 3 As I above.
- 4 Point R toe fwd (ct 1), pause (ct 2).
- 5-6 As I above, except turn only half way around to face out.
- 7 Point R toe fwd, Rejoin hands and (ct 1), pause (ct 2).
- 8-14 Repeat pattern of measures 1-7 starting with R foot and moving slightly R.

*Chug: A very slight sldie forward.

**Step-Hop R: Step on R foot (ct 1), hop on R foot (ct 2). Repeat, reversing footwork, for Step-Hop L.