

TEŞİ-DÜZ-HALAY
(Turkey)

Pronunciation:

Tesi means wooden spindle, Düz means straight, Halay is the name of one of the dance styles in Turkey. The dance comes from Adiyaman (southeastern Turkey) and is in the Halay style.

Cassette: Tamara 89, AL 003 Side B/4 4/4 meter

Formation: Starts in a line, moves into a circle. Fingers locked and straight elbows. R palm is fwd, L is back.

Meas

Pattern

INTRODUCTION: 1 complete melody

Fig 1

- 1 Quick step on R flat in place and a small bounce (ct 1); quick step on L toe in place (ct &); do the same things 3 more times to complete the meas.
*Do this step for 8 times (2 meas).

Fig 2

- 1 Step on R in place (ct 1); lift L up (ct 2); step on L in place (ct 3); lift R up (ct 4).
Do the same thing one more time to complete the meas.
*Do this step 8 times (4 meas).

Return to Fig 1 and do it for 4 meas.

Return to Fig 2 and repeat 4 times.

Fig 3

- 1 Two quick bounces on both ft toes and in place (cts 1,&); hop on L, lift R back in place (ct 2).
*Do this step for 8 times.

Fig 4

- 1½ Step on R to R side (ct 1); step on L across the R and bend both knees (ct 2); step on R to R side (ct 3); lift L up in front and kick it down (ct 4); step on L in place (ct 5); lift R up in front and kick it down (ct 6).
*Do this step for 8 times (12 meas).

Fig 5

- 1½ Hop on L to R side, kick R from up to down (ct 1); leap onto R to R, lift L up (ct &); leap onto L across R (ct 2); jump on both (ct 3); hop on R, lift L up and kick it down (ct 4); jump on both (ct 5); hop on L, lift

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R up and kick it down (ct 6).

*Do this step for 4 times (6 meas).

To finish the dance: Complete Fig 5 and bring R ft to the side of L ft and put them together and say "HEY."

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