

Teškata Maško

Macedonia

This is a Men's dance from Skopje area. It is done in many occasions, wedding, picnic, Slava, etc.

Formation: Line or open circle with "W" hold

Rhythm: follow the drum beat + 7/8(Meas 1-8) + 4/4(Meas 9-24)

- | Meas | Dance |
|-------|--|
| | Step on R to R and bring L knee up in front (first drum beat), Čukče on R (second drum beat); Step on L behind of R and bring R knee up in front (third drum beat); Čukče on L (forth drum beat); Čukče on L again (fifth drum beat) |
| 1 | Facing diag. to R, Step on R fwd (ct.1); Lift on R bring L ft next to R calf (ct.2); Step on L fwd (ct.3) |
| 2 | Repeat Meas. 1 |
| 3 | Step on R fwd (ct.1); Step on L fwd (ct.2); Step on R fwd (ct.3) |
| 4 | Step on L fwd and face ctr. (ct.1); Bring R knee up in front slowly with drum beats; Step on R to R with next drum beat and bring L knee up in front. |
| 5-8 | Repeat Meas 1-4 with opp. ft and direction. |
| 9 | Facing diag. to R, Step on R fwd (cts.1,2); Step on L fwd (cts.3,4) |
| 10 | Step on R fwd and face ctr.(cts.1,2); Čukče on R and bring L knee up in front (cts.3,4) |
| 11 | Step on L to L (cts.1,2); Step on R in front of L (cts.3,4) |
| 12 | Step on L in place (cts.1,2); Čukče on L and bring R knee up in front (cts.3,4) |
| 13 | Turn to CW with Meas. 9 steps |
| 14 | Repeat Meas. 10 |
| 15-16 | Repeat Meas. 13-14 with opp.ft and direction |
| 17-24 | Repeat Meas.9-16 |

Repeat from the beginning but add one more Čukče on R after second drum beat.

Presented by Atanas Kolarovski
Dance notes by Fusae Senzaki
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Taught by Fusae Senzaki
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