

Teton Mountain Stomp

(USA/Mixer)

Notes by Andrew Carnie, October 7, 2004

Couples in ballroom position with "free" hand (hand that points out) pointing towards the center of the circle (men facing CCW, women facing CW)

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| Bar 1 | Step towards center M's L, W's R (1), Close other foot next to it (2) |
| Bar 2 | Step towards center M's L, W's R (2), Stamp M's R, W's L (2) |
| Bars 3-4 | Repeat 1-2 moving away from center with opposite footwork |
| Bar 5 | Repeat bar 2 |
| Bar 6 | Repeat bar 4 |
| Bar 7 | Shift position, so that you are still in ballroom, but standing side by side. (R shoulders touching, Men to the inside of ladies). Men walk forward 2 steps L,R; Walk backwards 2 steps (R, L) (everyone is traveling CCW) |
| Bar 8 | Repeat bar 7, except on count two pivot in your own space (stay in ballroom, men stay in middle, ladies stay on outside, except men are now facing CW and women CCW) |
| Bar 9 | Repeat bar 7 but with men backing up, and women walking forward (still traveling CCW) |
| Bar 10 | repeat bar 8, with men backing up, women walking forward, pivot on second count. This time drop hands so that you are no longer in ball room position. Men are facing CWW, women are facing CW. |
| Bar 11 | Walk forward (men CWW, W CW) 2 walking steps. Pass one person of the opposite gender. |
| Bar 12 | Continue walking forward 2 walking steps, meet the next person and get into ballroom position with them (side by side) |
| Bars 13-16 | Swing that partner (using rita-step) for 8 counts. End with free hand pointing into the center of the circle. |