## TFILA BAMIDBAR

## (Prayer in the Desert)

Record: Israeli Folk Dances Dance: Shlomo Maman

Music: Uri Cohen

Form: a broken single circle facing center not holding hands

LoD:

Style: Flowing as Camel Caravan!

Meter: 4/4, 2/4

Part I facing center

1 - 2 open and balance R, L

3 - 4full turn cw to R stepping R. L

5 - 6 rpt 1 - 2

7 - 8touch R heel fwd XFL knees bent' arms XF chest snap fingers, hold

9 - 10 rpt 1 - 2

11 - 12 brush RXFL and lift high arms as in 7 - 8

13 - 14 R to R, open arms to side, hold

15 - 16 LXFR knees bent, arms as in 7 - 8, hold (Step L across R)

17 - 32 Rpt. Ptyl 1.

Part II face ccw R hand on L shoulder of dancer in front (line - caravan)

. touch ball of R ft fwd, bend L in place while lifting R fwd knee bent

step R fwd, hold

3 - 4 5 - 8 rpt 1 - 4, opp. ftwk

9 - 10 open and balance swd: R out, L to ctr

11 - 12 step R bwd knee bent lift L fwd knee bent high front, step fwd L

13 - 14 2 steps fwd LoD, R, L

15 - 16 rpt 11 - 12

part III

- 1 2 open and balance R(swd) then L (swd to ctr kneesbent) turn to L face ctr lifting L arms up behind to shoulder of dancer on left.
- 3 steps R, L, R moving fwd to ctr. 3-5
- 6 lift L high in front knee bent.
- 7 touch L heel fwd.
- 8 hold.
- 9-10 open and balance L.R release hands pivot on R turn R to face outside of circle.
- 11-13 3 steps L,R,L, moving out of circle
  - 14 pivot on L turn to fc. ctr and begin dance again.
- NOTEno cnt 15-16 in part 111.

Presented by Sandy Starkman, Maine Folk Dance Camp 1985