

# T'filah - Israel

**Choreographed by Shlomo Bachar**

Circle dance, arms in V-position. Meter 4/4

## Measure Count Step

### Part I

- |      |     |                                                                                                                                                                                 |
|------|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | 1-4 | Facing center, step on R foot to R (1), step slightly back on L foot (2), step on R foot across L foot (3), step on L foot to L (4). (First three beats are a R Yemenite step). |
| 2    | 1-4 | Step on R foot across L foot (1), step on L foot to L (2), step slightly back on R foot (3), step on L foot across R foot (4). (Last three beats are a L Yemenite step).        |
| 3    | 1-4 | Step on R foot to R (1), step on L foot across R foot (2), step on R foot to R (3), step on L foot across R foot (4).                                                           |
| 4    | 1-4 | Step forward on R foot (1), step back on L foot (2), step back on R foot (3), step on R foot across L foot (4).                                                                 |
| 5    | 1-4 | Make a two step turn to the R, moving along line of circle and ending up facing center (1-2), step on R foot to R (3), step on L foot to L (4).                                 |
| 6    | 1-4 | Step on R foot across L foot (1), step on L foot behind R foot (2), step on R foot to R (3), step on L foot to L.                                                               |
| 7    | 1-4 | Step on R foot across L foot (1), step on L foot to L (2), step on R foot across L foot (3), step on L foot behind R foot (4).                                                  |
| 8    | 1-4 | Close R foot to L foot, taking weight (1), step back onto L foot (2), step back onto R foot (3), close L foot to R foot.                                                        |
| 9-16 |     | Repeat measures 1-8.                                                                                                                                                            |

### Part II

- |   |     |                                                                                                                                                   |
|---|-----|---------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | 1-2 | Step on R foot in place (1), step on L foot in place (&), step on R foot in place (2).                                                            |
|   | 3-4 | Repeat counts 1&2 with opposite footwork(3-4), turn to so that R shoulder is facing in (&).                                                       |
| 2 | 1-4 | Step on R foot to R (1), close L foot to R foot (2), step on R foot to R (3), close L foot to R (4).                                              |
| 3 | 1-4 | Step on R foot to R and turn to face center (1), step on L foot to L (2), in two steps, turn to R 1/4 turn so that L shoulder is facing in-(3-4). |

- 4      1-4      Step on R foot to R (1), close L foot to R foot (2), step on R foot to R (3), close L foot to R foot (4), turn L to face center (&).
- 5      1-4      Step on R foot diagonally across L foot (1), step back onto L foot (2), hop on L foot (3), step on R foot to R.
- 6      Repeat measure 5 with opposite footwork and in opposite direction.
- 7      1-2      Step on R foot to R (1), close L foot to R foot (2), step on R foot to R (3), lightly stamp L foot next to R foot (4).
- 8      Repeat measure 7 with opposite footwork and in opposite direction.
- 9-16      Repeat measures 1-8.

### Interlude

- 1      1-4      Step on R foot to R (1), touch L foot next to R foot (2), step on L foot to L (3), touch R foot next to L foot (4).

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