

1959 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Elizabeth Ullrich

LA TICINESINA

(La Tis'-in-e-see'-na)

Switzerland

SOURCE: The original dance comes from an old Piemontesian Folksong, which also is very common in Tessin, the Italian section of Switzerland. A "Camillo Valsangiacouso" made verses to sing to the dance in Bellinzer dialect. Those Swiss dances were danced at the Unspunnenfest, 1955. Unspunnen are the ruins at the entrance of the Lauterbredden Valley near Interlaken. The first Festivals were held in the years 1805 and 1808, and again revived in 1946 and 1955.

FORMATION: Eight cpls in a dbl circle facing LOD. (May be danced with more cpls.) Inside hands joined shoulder high. M free hand loose, W free hand holds skirt.

STEPS: Walking, two-step, galop, heel-toe and step-close-step.

Music

Pattern

meas

8 meas intro.

A I.

1 Walk fwd four steps in LOD.

2 Stamp twice (M with L, W with R) and heel-toe (wt on M R, W L throughout).

3-4 Twirl-schottische: M move fwd with four two-steps while W turn CW twice with four two-steps under hand joined with ptr.

5-8 Repeat action Fig I, meas 1-4. End facing ptr, M back to ctr.

A rpt

1 In social dance pos, dance four galop-steps to M L (in LOD).

2 Retaining soc dance pos, rpt action Fig I, meas 2 (stamp-stamp-heel-toe).

3-4 Cpl turn CW and progress CCW with four two-steps.

5-8 Repeat action Fig I, meas A 1-4 rptd. End in single circle facing ctr, W on ptr R.

B M stand in place with hands in suspenders thru meas 9-12.

9 W: Hands on hips, beginning on R, move four walking steps twd ctr.

10 W: Clap own hands twice (cts 1-2), make a small $\frac{1}{2}$ turn to own R with two small steps (cts 3-4).

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- 11-12 W: W return fwd to pos in line with two small schottische-steps, turning R to again face ctr on last step. W remain in place during meas 13-16. M rpt W act. of meas 9-12 with slight variation:
- 13 M: Walk four steps twd ctr beginning on L.
- 14 M: Stamp twice (cts 1-2); $\frac{1}{2}$ turn L with two small steps to face ptr.
- 15-16 M: With two schottische steps, move outside of circle, passing ptr L shoulder and then turn L to face CCW in LOD. W now face CW in RLOD.
- A II.
- 1-2 Walk four steps fwd -- M in LOD, W in RLOD, -- M beginning on L and W on R; then repeat stamp-stamp-heel-toe as in Fig I, meas 2, ptrs flirting with each other over M's R and W's L shoulder.
- 3-4 M move fwd very little with four two-steps. W, with 8 walking steps, turn four times to own R (CW) while progressing CW.
- 5-8 & A-1-8 rptd Repeat action Fig II, meas 1-4 three times more. This should bring ptrs together again. End in single circle, facing ctr, hands joined.
- B 9 M: no act. W drop handhold and move fwd twd ctr with four walking-steps, beginning on R.
- 10 W clap two times then heel-toe, joining hands in back basket-hold. M move fwd on cts 1-2, beginning on L; stamp twice (cts 3-4) while taking forearm hold.
- 11-12 Dance six galop-steps to M L; W R; then step and stamp (meas 12, cts 3-4).
- 13 M drop handhold and stamp L-R (as a command for W to turn); W wait (cts 1-2); M place hands on hips; W turn to R $\frac{1}{2}$ to face ptr with 2 steps (cts 3-4).
- 14 W wait; M clap own hands twice (cts 1-2); W: heel-toe; M yodel (cts 3-4).
- 15-16 Join L hand with ptr. M beginning on L, W on R, move out of circle (M bwd, W fwd) with four two-steps. On the last two-step, W move to ptrs R and get into Varsouvienne pos, facing CCW - all.
- A III.
- 1 Move fwd in LOD with four walking steps, closing ft together on last ct.
- 2 W look first over R shoulder, then over L at ptr.
- 3-4 Twirl schottische (repeat action Fig I, meas 3-4).
- 5-8 Repeat action Fig III, meas 1-4. End ptrs side by side, facing LOD.
- A rpt 1-2 Walk fwd four steps (meas 1); stamp twice, then M kneel on L as W move CCW in front of ptr to his L with two two-steps.
- 3-4 W continue around ptr (behind him now) with four more two-steps. W end meas 4 on outside of circle; M rise on last ct.
- 5-8 Repeat action Fig III, meas 1-4 rptd. End in large single circle, facing in, hand hold with ptr only.

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- B 9 Walk four steps twd ctr, M beginning on L, W on R.
10 Clap own hands twice, then heel-toe. Then M put R arm behind
ptrs waist to hold her R hand in his, L hands joined in front
of M chest.
11-12 Ptr turn $1\frac{1}{2}$ times CCW with eight walking steps to end facing
out.
13 Ptrs move away from ctr with four walking-steps.
14 Stamp-stamp and heel-toe.
15-16 Ptr turn $1\frac{1}{4}$ times CCW with eight walking steps, ending in open
pos, facing LOD, and bow.