

TIDREHI

An Israeli Folk Dance
Record FOLK DANCER MH 1092

Tidrehi

This Israeli dance is in Debka style. The music is by Sara Levi, the dance by Zev Havatzeleth. Musical Arrangement by Elyakum. The dance expresses hope for strength to defend or protect from attack by an enemy.

FORMATION: No partners, all in a circle, or in small lines of dancers of from 5 to 8 in a number moving at will around the floor.

PART 1:

Hands are joined low. All face to the Right.
Leap lightly forward 2 steps, Right, Left.
Point Right toe forward as Right shoulder is thrust forward.
Point Right toe backwards as Right shoulder is thrust back.

Leap lightly forward, Right, Left, Right, Left.
Point Right toe forward and back.
Leap lightly forward, Right, Left.

PART 2:

Still facing to Right. Stamp on Right foot in place and pause.

Do 3 quick steps thus: Left foot to L,
Right foot in place.
Cross Left over Right with weight on it.
(This 3-step combination is often called a
"Yemenite" step in Israeli dances.

Now follow through with 2 quick steps in place, Right, Left.
Run lightly forward, Right Left.

Jump on both feet bounce up on Right foot coming up with Left knee in air. Immediately turn half Left with another jump and come up with a bounce on Right foot and Left knee in air.

Finish with light jump on both feet, weight equally distributed, with a half turn Right to face original line of direction.

CUE: R..LRL..RL

Run, Right Left.

Jump and Jump and Jump.

The twisting jumps are called "Debka" steps.

Repeat all of part 2.



The rhythm is a bit challenging, but great fun when mastered. It is particularly enjoyed by teen-age folk dancers. Another version of the dance is done in couples, in Varsovienn position.

MODERN DANCE CLASSES, will the music on this record an interesting one to use for improvisations...a welcome change from piano music usually used.

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