

TIK
(Greece)

Tik is one of the most basic and common dances among the people of Pontos. Tik, means straight, erect, like the straight limbs or "thokari." There are several types or forms of Tik, but it is the dance that almost always starts all proceedings.

Pronunciation: Teek

Record:

2/4 meter.

Formation: Hand hold, raised at shldr height.

Styling: Arms are accented as to sustain rhythm.

Meas

Pattern

- 1 Starting with L ft step directly fwd to ctr L,R,L, three little quick steps.
- 2 Step to side R with R ft, bring L ft to R ft arching L ft and bending knee for styling, and step on L ft.
- 3 Maintaining a 1,&,2 ct, step with R ft bkwd and lift L ft slightly pausing, accenting knee action.
- 4 Step on L ft bkwd pausing on R ft pointing.
- 5 Step on R ft bkwd and pause on L ft arching once again, as if to hold the 2nd ct (knee action).

Begin again with L ft to ctr.

Presented by Nikos Savvidis