

Presented by Anatol Joukowsky
Notes by Ruth Ruling

TINGI LINGI

Moravia

- SOURCE:** Tingi Lingi is a Moravian couple dance and a progressive. It is described in "Folk Dances, Art Edition: Vol I, PartII", USSR State Edition, Moscow, 1954.
- RECORD:** Folk Art, FALP-I, side 1, Tingi Lingi Boom. 2/4 time.
- FORMATION:** Double circle, ptrs facing, M back to ctr. M hands just behind hips with palms out. W hands on hips, fingers fwd. Movement of circle is always CW.
- STEPS:** Basic Step: Step to R on R side (ct 1). Close L to R with bend of knees (ct 2). Next step would again start on R. Step may be started on L and would continue on L.
Hand Hold (used on turns): With elbows bent, join R hands with ptr at should level. Join hands palm to palm with base of fingers at R angles to base of ptrs fingers. Free hand remains on hip (W) or just behind hip (M).
- | <u>MEASURES</u> | <u>PATTERN</u> |
|-----------------|--|
| 2/4 time | No introduction. |
| 1-4 | Dance 4 basic steps moving CW. M starts R, W L. |
| 5-6 | Join R hands and change places ($\frac{1}{2}$ circle CW). M walks R, L, R, close L to R (no wt). W starts walk with L. |
| 7-10 | Repeat action of meas 1-4 but M start L, W R (M is on outside). |
| 11-12 | Join R hands and change places ($\frac{1}{2}$ circle CW). M walks L, R, L, close R to L (no wt). W starts walk with R. |
| 13-16 | Repeat action of meas 1-4. |
| 17-19 | Joining R hands, make 1 CW circle on 6 steps. M starts R, W L. |
| 20-23 | Repeat action of meas 1-4. |
| 24-25 | On 2 basic steps, starting R, M moves to R to end in front of next W. Original W ptr also dances 2 basic steps (starting L), and moves to her L but takes smaller steps to allow M to progress. |
| 26-29 | Repeat action of meas 1-4, facing new ptr. |
| 30-32 | Joining R hands, make 1 CW circle on 6 steps. M starts R, W L. |
| 33-36 | Repeat action of meas 1-4. |
| 37-38 | Repeat progression figure of meas 24-25. |
| | Repeat dance from beginning 4 times (5 in all). |
| 3 chords | Ending: Bow to ptr. M: Step to R on R (chord 1). Close L to R and bow from waist (chord 2). Recover from bow (chord 3). W: Step to L on L (chord 1). Placing R behind L, curtsy to ptr (chord 2). Recover from curtsy (chord 3). |