

## TORBAT-JAM (Dance #1)

## Iran

This dance was taken from an Iranian dance film. Presented by Bill Burke at the 1976 Mendocino Folklore Camp.

Record: AMAN-106 (6/8 meter)

Formation: Circle of men standing separately, facing cntr.

Meas.

- 1-8 INTRODUCTION. (Last 4 meas are with drum) Prepare for Step I by lifting on L, R leg is raised to R ft, relaxed. R shldr will also turn R so that body and leg are turned to face LOD (cts 4,5,6)
- STEP I
- 1 Step on R slightly to R; body turns to face cntr (1,2,3); Bring L to R (4); step on L next to R heel, raising R leg and turning body as in preparation to Step I.
- 2-8 Repeat meas.1. This step is done for 8 meas as are all steps in this dance except Step VII Balance Step.
- STEP II
- 1-8 Same ftwk as Step I, both hands on waist, body retains turning in and out movement of Step I.
- STEP III
- 1 Facing cntr step R with R (L remains on floor), bending knees slightly (1,2). Wt transfer from R twd L (3). Leap onto R in front of L (4); L leg moves to L shldr-width (5,6)
- 2 Repeat meas 1 opposite ftwk, opposite direction
- 3-8 Repeat meas 1-2
- STEP IV
- Repeat Step I
- STEP V
- 1 Step R to R, strongly, body facing slightly R of cntr (1,2,3); step L to L next to R heel (4,5,6). Body does not turn. Hands clap at eye level and to R of head on cts 1 and 4.
- 2-8 Repeat meas 1
- STEP VI
- 1-8 Facing cntr, ft firmly planted, body turns R and L as dancer feels music. Shldrs accent 1-4 beats with raising and dropping turn; short fast movements.
- STEP VII
- 1-8 Repeat Step V
- STEP VIII - Balance to prepare for Step IX; face cntr.
- 1 Step R in place (1,2); step on ball of ft next to R (3); step R in place (4,5,6)
- 2 Repeat meas 1, opposite ftwk, opposite direction
- 3-4 Repeat meas 1-2.
- STEP IX
- 1 Step on ball of R in place or slightly behind L (1,2); step on whole L in place; step R into circle (4,5,6)
- 2 Step cntr and slightly L with L (1,2); step together with R (3); step cntr and in front of R with L (4,5,6)
- 3 Step back on ball of R (1,2); step L across in front of R (3); step on L pivoting CW to face cntr again (4,5,6)
- 4 Step turn with whole footed touch on L (R remains on ground with same wt (1,2). Wt all to R (3); step L next to R (4,5,6)
- Hands clap as in Step V, on meas 1&2 and on ct 1 of meas 3 arms remain up to aid turn.
- Step is done 4 times.

/continued ...

Torbat-Jam (Dance #1), Cont'd...Meas. STEP X

- 1 With R leg lifted, L on ground, full squat to both (1,2). Back to standing R ft free (3); step R to cntr (4,5,6)  
 2-4 Same as Step IX, clapping on same cts  
 Step is done 4 times.

## TORBAT-JAM (Dance #2)

## Iran

This dance was taken from an Iranian dance film. Presented by Bill Burke at the 1976 Mendocino Folklore Camp.

## Record:

Meter : 7/8 123 45 67 (Dance steps on 12-3-4567)

Formation: Circle of M separate and facing cntr. Arms free and about shldr ht.

Meas. STEP I

- 1 Introduction: Step in place on R (cts 1,2); step on ball of L in place (3); step R in place (4,5,6,7)  
 2 Repeat meas 1, opposite ftwk  
 3-4 Repeat meas 1-2

STEP II

- 1 Step on R in place (1,2); step on ball of L in place (3); step R to cntr of circle (4,5,6,7)  
 2 Step fwd into circle on L (1,2); step on R behind and next to L (3); step cntr on L (4,5,6,7)  
 3 Either: Step slightly back on R (1,2) and step slightly across R on L (3)  
 Or: Jump slightly back onto both (1,2,3); step back on R turning body to R to pivot. Turn CW on R (4-7)  
 4 Step turn by placing L down with some wt to L side (1,2); all wt shifts to R (3); step L in place (4-7)  
 5-8 Repeat meas 1-4  
 Hands may clap at eye-level and to R on cts 1&4 meas 1-2, and on ct 1 of meas 1.

STEP III

- 1 Full squat on both (R touching ground at bottom as in Dance #1)(1,2)  
 Back up wt on L (3); step R to cntr (4,5,6,7)  
 3-4 Same as Step II  
 5-16 Repeat meas 1-4

STEP IV

- This "squat" will happen at the same meas 1 (1,2,3) as did the squat in Step III. Posn at end of cts 1,2.  
 1 L leg on ground, knee bent completely; chest to L knee; R leg straight and back behind body, both hands on floor. Straighten L to raise body - end in standing posn, wt on L (3). Step R fwd (4,5,6,7)  
 3-4 Same as Step II  
 5-16 Repeat

/continued ...

Torbat-Jam (Dance #2), Cont'd....Meas. STEP V

- 1 Face R placing R ft fwd (clap hands on ct.1) (1,2,3); rotate to L CCW on both ft (4,5,6,7)
- 2 Continue to rotate L to face L, placing L ft fwd. Arms free ready to clap. Move slightly up and down with beat. Face full L at end of meas.
- 3-4 Repeat meas 1-2, opposite ftwk, opposite direction
- 5 Same ftwk as meas 1, clapping now on cts 1&4
- 6 Clap on ct 1
- 7-8 Repeat meas 5-6

STEP VII

This step actually starts on cts 6-7, meas 8 of Step VI with a step on L across R to start you moving in LOD around circle.

- 1 Hop on L facing and move LOD (1,2,3); step R continuing LOD (4-7)
- 2 Repeat meas 1, opposite ftwk
- 3-8 Repeat meas 1-2. Clap hands eye-level and front on cts 1 and 4.

STEP VIII

- 1 Full squat on L to both (1,2,3); up (4,5,6,7)
- 2 Hop on R (1,2,3); step fwd on L (4-7)
- 3-8 Repeat meas 1-2