

# Toska

(Macedonia)

Notes by Andrew Carnie, April 11, 2000

This dance is a variant of Igraj Mome or Cucuk. This version is done in 11/8 time, counted SSQS 3 3 2 3.

Formation: open circle in W position.

## Dance

### *Slow part*

Bar 1 Lift (cuckee) on Left foot facing center (S) Facing slightly LOD step R to R (S) Step L in LOD (Q)  
Step R (S)

Bar 2 Step L LOD (S) Step R LOD (S) Step L LOD (Q) Step R turning to face center (S)

Bar 3 Lift (cuckee) on R facing center (S) Step on L next to R (S) Cross R in front of L (Q), Step on Left  
in place (back) (S)

Bar 4 As in Bar 2 but with opposite foot work

Bar 5 As in Bar 3.

Repeat step until the music speeds up.

### *Fast part*

In each bar, insert an ah count right before the second S (so it is counted S ahS Q S  
on this ah count do a hop, otherwise the same as slow part