

Toska

(Macedonia)

Notes by Andrew Carnie, April 11, 2000

This dance is a variant of Igraj Mome or Cucuk. This version is done in 11/8 time, counted SSQS 3 3 2 3.

Formation: open circle in W position.

Dance

Slow part

Bar 1 Lift (cukce) on Left foot facing center (S) Facing slightly LOD step R to R (S) Step L in LOD (Q) Step R (S)

Bar 2 Step L LOD (S) Step R LOD (S) Step L LOD (Q) Step R turning to face center (S)

Bar 3 Lift (cukce) on R facing center (S) Step on L next to R (S) Cross R in front of L (Q), Step on Left in place (back) (S)

Bar 4 As in Bar 2 but with opposite foot work

Bar 5 As in Bar 3.

Repeat step until the music speeds up.

Fast part

In each bar, insert an ah count right before the second S (so it is counted S ahS Q S on this ah count do a hop. otherwise the same as slow part

QUICKNOTES:

Slow part

	S	S	Q	S
1	L hop •	R step →	L cross ↗	R step →
2	L cross ↗	R step →	L cross ↗	R step →
3	R hop •	L step ←	R cross ↖	L back ↘
4	L hop •	R step →	L cross ↗	R back ↖
5	as in 3			

Cont...

Fast part

1	S L hop •	ah L hop •	S R step →	Q L cross ↗	S R step →
2	L cross ↗	L hop •	R step →	L cross ↗	R step →
3	R hop •	R hop •	L step ←	R cross ↖	L back ↘
4	L hop •	L hop •	R step →	L cross ↗	R back ↖
5	as in 3				