

TOSKA — Macedonia (Vardar valley)

Adv.

**Toska**

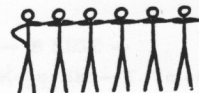
(Line dance for men, no partners)

Translation: A man's skirt.

Rhythm: 7/8 (♩♩♩) counted 1-and, 2-and, 3, and-ah, or "slow slow quick slow".




Record: Folkraft LP-25, side A band 2 (2:34)—zurla (2) & tapan.



Starting Position: "T" position. Left foot free.



Music 7/8

Measure

- 1  Lift on right foot in place (count 1),  
Step slightly sideward left on left foot (count 2),  
Cross and step on right foot directly in front of left (count 3),  
Step back on left foot in place (counts and-ah).  
2  REPEAT pattern of measure 1 reversing direction and footwork.  
3  REPEAT pattern of measure 1.

- 4  Lift on left foot (count 1),  
Turning to face slightly and moving right, step forward on right foot (count 2),  
A slight leap forward on left foot (count 3),  
Step forward on right foot (counts and-ah).  
5  A high leap forward on left foot (count 1),  
Step forward on right foot (count 2),  
A slight leap forward on left foot (count 3),  
Turning to face center, a slight leap on right foot in place (counts and-ah).

Note: When tempo speeds up at the end dancers release hands and perform individual solo leaps, squats, etc. Note also this dance is similar to Žensko Krsteno.