

TRACĂ - TRACĂ

Aromân

The members of the Romanic language community living in the south of Danube and spread over large areas in Greece, Albania, Macedonia, Yugoslavia and Bulgaria are known by such names as Aromanians, Macedo-Romans, Megleno-Romanians, Vlachs, Tsintsari. The international agreement after World Wars I and II offered them the possibility of emigration to Romania, so many families decided to emigrate to Romania due to the xenophobia they experienced in the Balkan countries. Even so, they strongly preserved their rich traditional culture to the present day. Of course, their music and their dances also reflect the influences of other ethnic cultures with which they were in contact for centuries. The Aromanians settled in Romania mainly in the southeastern part of the country in Dobrogea and Ialomița. *Tracă - tracă* is a traditional dance which is always done at weddings and other dance events. It has a 9/8 meter of the kind 2+2+2+3, as do *Cadâneasca* and *Șchioapa*. It has one single part of 14 meas, therefore it is not in concordance with the music. The music of this dance is the original tune recorded in the village.

Pronunciation: TRAH-keh - TRAH-keh

Formation: mixed open or closed circle with hands in V-pos. Rhythm: 9/8 meter 2 + 2 + 2 + 3 or QQQS

Videotape: Lia & Theodor Vasilescu, 17 Romanian Folk Dances

INTRODUCTION: 8 meas of 7/16 + 2 meas of 9/8. No action.

- meas. 1 Facing ctr and moving in LOD, step on R (ct 1); step on L (ct 2); step on R (ct 3); stamp on L next to R, without wt (cts 4,&).
- 2 Facing ctr and moving bkwd in RLOD, step on L (ct 1); step on R (ct 2); step on L (ct 3); stamp on R next to L, without wt (cts; 4,&).
- 3 Facing ctr and moving in LOD, step on R to R (ct 1); step on L to L (ct 2); step on R (ct 3) lift on R ball (ct &); long step on L across R (cts 4,&).
- 4-9 Repeat meas 1-3 twice.
- 10 Repeat meas 1.
- 11 Facing ctr, step fwd on L (ct s 1,2). leap bkwd on L (ct 3); step fwd on L (cts 4,&).
- 12 Step bkwd on R (cts 1,2); step on L next to R (ct 3); step bkwd on R (cts 4,&).
- 13 Long step on L across R (ct 1,2); hop on L while R ft is circling CCW in front of L (ct 3) long step on R across L (cts 4,&).
- 14 Hop on R (ct 1); facing ctr and moving bkwd, step on L (ct 2); step on R next to L (ct 3); step on L (cts 4,&).

SEQUENCE: Repeat the pattern 5 times + first four meas.

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