

# TRAMPELPOLKA

(Germany)

Trampelpolka, which means Stamp polka, was presented informally by Huig Hofman, director Volkdans-centrale Voor Vlanderen, at a 1962 Folk Dance Camp lawn party at the University of the Pacific, Stockton, California. Walter Grothe taught it at the 1963 Camp.

MUSIC: Record: Folkraft 337-013B "Trampelpolka"

FORMATION: Ptrs facing in a double circle, M back to ctr.

STEPS: Skip\*, Slide\*

\*Described in Volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of California, Inc., 1095 Market Street, San Francisco, California 94103

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MUSIC 2/4

PATTERN

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Measures

4 INTRODUCTION

I. STAMP AND CLAP

- A 1 Stamp R ft 3 times (cts 1,&,2).  
2 Clap own hands 3 times (cts 1,&,2).  
3-4 Join both hands with ptr and beginning L circle 1/2 CW with 4 skipping steps finishing in ptr place. (May also be done by circling once all the way around if desired.)  
5-8 Repeat action of meas 1-4.

II. SLIDE

- B 1-4 Join both hands with ptr, arms extended to sides, and slide LOD 8 sliding steps.  
5-8 Dance 6 sliding steps RLOD. M stand in place on meas 8, while W continue with 2 more sliding steps, progressing to next M in RLOD.

Repeat dance from beginning, 3 times total.