

TRAMPELPOLKA
(Germany)

Source: Huig Hofman, Director Volksdanscentrale Voor Vlanderen.

Music: Record: Folkraft 337-013 B

Formation: Cpls in a circle, ptrs facing, M back to ctr.

<u>Measures</u>	<u>Pattern</u>
<u>2/4</u>	
4	INTRODUCTION
A 1	Stamp R ft 3 times (cts 1, & 2).
2	Clap own hands 3 times.
3-4	Both hands joined, skip 1/2 around CW in 4 skipping steps, beg L ft. (Can be all the way around instead of 1/2).
5-8	Repeat action of meas 1-4.
B 9-16	Both hands held, arms extended, 8 sliding steps LOD, and 8 RLOD. At the end, W move on to next ptr in CW direction. (M take only 6 slides RLOD).
	Repeat dance from beginning - 3 times in all.

Presented by: Walter Grothe