

## Trei Pazeste

Presented by Alexandru and Mihai David

Source: Trei Pazeste comes from Birca-Dolj, Southern Oltenia. It is of the family of the little Briul. There are several hundred varieties of Trei Pazeste- each village in Oltenia having its own. Mihai learned this dance from Costea Constantin of the Research House of Bucharest in 1977.

Formation: line, semi-circle, men's dance.

Handhold; backbasket.

Music; Romanian-Tour '77, side 2, band 1, 2/4.

Introduction; 16 counts (4 meas.)

Meas; Figure 1; Facing ctr.

- 5 Weight on L ft. Stamp R ft to R side, R heel should be close to L ft, L toe points in LOD, CCW(ct 1&). Drag R ft next to L (ct 2&). Repeat ct 1&, 2& once more (ct 3&, 4&).
- 6 Repeat meas. 5, ct 1&, 2& once more (ct 5&, 6&)- total of 3 times. Fall on L ft to L (ct &) step on R ft next to L (ct &) fall on L ft to L (ct &) step R ft next to L (ct 8) fall on L ft to L (ct &).
- 7 Figure 2;  
Weight on L ft, step on R ft across in front of L (ct 1) fall back on L ft, knee bent (ct &) step R ft to R (ct 2) fall on L ft in place (ct &) step on R ft across in front of L (ct 3) fall on L ft in place (ct &) fall on to R ft to R (ct 4).
- 8 Figure 3; Facing slightly to the R, moving in LOD, CCW.  
Weight on R ft, L ft free. Step L across in front of R ft (ct 1) fall onto R ft to R side (ct &). Repeat ct 1& two more times (ct 2&, 3&)- a total of 3 times. Fall onto L ft (ct 4) changing directions.
- 9 Facing slightly in RLOD moving L repeat meas. 8, ct. 1&- four times, total of 4.

Trei Pazeste (cont).

Figure 4; Facing ctr.

- 10 Step R ft across in front of L (ct 1) step back on L ft in place (ct 2) step R ft to R (ct 3) step L ft across in front of R (ct4).
- 11 Step back on R ft in place (ct 1) step L ft to L (ct 2) step R ft across in front of L (ct 3) step L ft back in place (ct 4).

Figure 4 is done on the balls of your feet, lightly.

Repeat dance from the beginning.