

TRESENICA

(East Serbia)

Tresenica (Treh-sehn-eet-sah), a dance from East Serbia, was presented at the 1963 University of Pacific Folk Dance Camp by Dennis Boxell, who learned it from the Yugoslav Dance Group in England in 1961.

MUSIC: Record XPOPO X312A

FORMATION: Open line of 5 to 8 people, leader at R end. All dancers -- men and women -- wear a belt, and a "belt hold" is used as follows: R hand under, L hand over neighbor's similar grip of belt. Dancers at ends of line put free hand in back, over hip pocket.

STEPS AND STYLING: Serbian Running Threes: Three small running steps to a meas (cts 1, &, 2), hold (ct &). Feet are kept close to floor. "Threes" are used as a traveling step, to go fwd, bwd, and to dance in place. Steps are always very small.

Scissors Step (2 per meas): Small leap in place onto L ft, while thrusting R ft fwd (ct 1); small leap onto R, thrusting L fwd (ct 2). Keep extended ft low and parallel to floor, knee straight.

Leap*, walk*

*Described in volumes of "Folk Dances From Near and Far" published by the Folk Dance Federation of California, Inc., 1095 Market St., San Francisco, California 94103

MUSIC 2/4

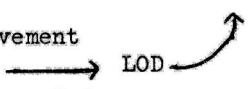
PATTERN

Measures NO INTRODUCTION. Dance begins on any measure determined by leader.

I. STEP-CLOSE

- 1 Facing R, step fwd in LOD on R heel, taking wt, with R knee stiff (ct 1).
Close L to R heel, bending L knee slightly (ct 2).
- 2 Repeat action of meas 1.

II. RUNNING THREES

- 3 Continuing in LOD, dance one "Running Threes" (R,L,R) (cts 1, &, 2), hold (ct &).
- 4 Repeat action of meas 3, beginning L (L,R,L).
- 5-6 Moving twd ctr, dance two "Running Threes" (R,L,R L,R,L). This movement is not abrupt, but a gradual curving in twd ctr of circle. 
- 7-8 Moving bwd out of ctr and slightly diag to L, dance two "Running Threes" (R,L,R L,R,L).
- 9-11 In place, dance three "Running Threes" (R,L,R L,R,L R,L,R).

III. HOP, STEP, CLOSE

- 12 Hop on R in place (ct 1), step on L while moving very slightly to L (ct &); close R to L, taking wt (ct 2).
- 13 Repeat action of meas 12.

IV. SCISSORS STEP, AND THREES IN PLACE

- 14 Still facing ctr, dance two Scissors Steps, starting with leap on L ft with R thrust fwd.
- 15 Dance one "Threes" in place (L,R,L).
- 16 Dance two Scissors Steps, starting with leap on R ft, L thrust fwd.
- 17 Dance one "Threes" in place (R,L,R).

V. STAMP AND THREES

- 18 Bending fwd at waist and watching ft, stamp L (flat on floor), pointing L toe to R (near R toe -- "Pigeon-toed") (ct 1). Stamp L again, pointing L toe to L (L heel near R toe) (ct 2).
- 19 Dance one "Threes" in place (L,R,L).
- 20 Repeat Stamps of meas 18, reversing ftwork and stamping with R.

TRESENICA (continued)

21 Dance one "Threes" in place (R,L,R).

22-23 Repeat action of meas 18-19.

VI. WALK AND TURN

24-25 Return to erect pos and swinging R ft across in front of L to face RLOD, take 3 large steps fwd, R L R (cts 1, 2, 1); lift on R and swing L across in front of R, turning 1/2 CW to face LOD (ct 2).

26-27 Repeat the 3 steps and turn of meas 24-25, using opp ftwork and moving LOD.

28-31 Repeat action of meas 24-27.

Repeat dance from the beginning.