TRITE PATI (TRÍS FORÉS) — Macedonia (Édessa) Τρητε ποτη (Τρής Φορές)

Adv.

(Line dance, no partners)

Translation: Three Times.

Rhythm: 7/8 (d. dd) counted 1-and-ah, 2-and, 3-and, or "slow quick quick".

Record: Folkraft LP-24, side B band 3 (2:38)-village orchestra.

Starting Position: "V" position. Right foot free. Music 7/8 Measure | Gracing center, step sideward right on right foot (counts 1-and), | Close and step on left foot beside right (count ah), | Step sideward right on right foot (count 2), | Turning to face slightly and moving right, step forward on left foot, bending right knee slightly to swing foot across in front of left leg (count 3). | Continuing, two walking steep (right, left) forward (counts 1-2), | Turning to face center, step sideward right on right foot, swinging left foot across in front of right leg (count 3). | REPEAT pattern of measure 2 reversing direction and footwork.

Note: When tempo increases the walking steps of measures 2 and 3 become skips and there are small jumps on both feet (count 3 of measures 2 and 3) as free knee is raised slightly (count and)....Village dancers in Promakhi and Orma begin the dance on count 3 of measure 3.